

**Montclair YMCA
JPSIEGELNJ@AOL.COM**

RECORDS Short Course Records

Yards-Female

8 & U	25 Free	14.84	1-Sep-94	MYM NJ	L.Petsoff
	50 Free	32.96	1-Sep-99	MYM NJ	C. Patracuolla
	100 Free	1:14.44	1-Sep-99	MYM NJ	C.Bianco
	200 Free	2:36.53	1-Sep-94	MYM NJ	L.Petsoff
	25 Back	17.57	1-Sep-94	MYM NJ	L. Petsoff
	50 Back	37.84	16-Mar-07	MYM NJ	Nerissa L. Santa Cruz at 2007 Junior Olympics
	100 Back	1:23.43	16-Mar-07	MYM NJ	Nerissa L. Santa Cruz at 2007 Junior Olympics
	25 Breast	19.48	1-Sep-94	MYM NJ	J.Sakolsky
	50 Breast	43.50	1-Sep-94	MYM NJ	J.Sakolsky
	100 Breast	1:32.95	1-Sep-94	MYM NJ	J.Sakolsky
	25 Fly	15.82	1-Sep-94	MYM NJ	C.Clancy
	50 Fly	36.28	1-Sep-92	MYM NJ	J.Sakolsky
	100 Fly	1:26.59	1-Sep-94	MYM NJ	J.Sakolsky
	100 IM	1:22.45	1-Sep-94	MYM NJ	J.Sakolsky
	200 IM	3:03.34	1-Sep-94	MYM NJ	L.Petsoff
	100 Free Relay	1:05.59	1-Sep-94	MYM NJ	J.Sakolsky L. Sytnyk R. McNeel L. Petsoff
	200 Free Relay	2:23.09	1-Sep-94	MYM NJ	J.Sakolsky M. Murphy R. Mcneel L. Petsoff
	100 Medley Relay	1:15.05	1-Sep-94	MYM NJ	L.Petsoff J. Sakolsky L. Sytnyk R. McNeel
	200 Medley Relay	2:40.60	1-Sep-94	MYM NJ	L.Petsoff C. Reynolds J. Sakolsky K. Burgess
	9-10	50 Free	27.06	1-Sep-03	MYM NJ
100 Free		59.90	1-Sep-03	MYM NJ	F. Lee
200 Free		2:07.05	1-Sep-03	MYM NJ	F. Lee
500 Free		5:42.13	1-Sep-03	MYM NJ	S. Ferrell
1000 Free		11:52.08	1-Sep-03	MYM NJ	F. Lee
50 Back		30.03	1-Sep-03	MYM NJ	F. Lee
100 Back		1:03.40	1-Sep-03	MYM NJ	F. Lee
200 Back		2:20.69	1-Sep-03	MYM NJ	F. Lee
50 Breast		35.05	1-Sep-97	MYM NJ	J. Pangilinan
100 Breast		1:15.39	1-Sep-97	MYM NJ	J. Pangilinan
200 Breast		2:50.99	1-Sep-03	MYM NJ	F. Lee
50 Fly		29.59	1-Sep-03	MYM NJ	F. Lee
100 Fly		1:06.24	1-Sep-03	MYM NJ	F. Lee
200 Fly		2:29.25	1-Sep-02	MYM NJ	F. Lee
100 IM		1:07.12	1-Sep-03	MYM NJ	F. Lee
200 IM		2:22.49	1-Sep-03	MYM NJ	F. Lee
400 IM		5:08.69	1-Sep-03	MYM NJ	F. Lee
200 Free Relay		1:56.97	1-Sep-03	MYM NJ	S. Ferrell C. Patracuolla M. O'Leary F. Lee
200 Medley Relay		2:09.12	1-Sep-03	MYM NJ	F. Lee S. Ferrell C. Patracuolla M. O'Leary
11-12		50 Free	24.63	18-Feb-05	MYM NJ
	100 Free	53.48	18-Mar-05	MYM NJ	Felicia F. Lee at 2005 Junior Olympics
	200 Free	1:56.93	18-Feb-05	MYM NJ	Felicia F. Lee at SrJr States2005
	500 Free	5:10.27	1-Sep-97	MYM NJ	L. Fabiano
	1000 Free	10:43.76	18-Mar-05	MYM NJ	Felicia F. Lee at 2005 Junior Olympics
	1650 Free	18:13.28	1-Sep-96	MYM NJ	L. Fabiano
	50 Back	27.27	11-Mar-05	MYM NJ	Felicia F. Lee at NJ YMCA STATE CHAMPIONSHIP 2005
	100 Back	57.82	5-Apr-05	MYM NJ	Felicia F. Lee at 2005 YMCA Nationals Short Course
	200 Back	2:03.49	5-Apr-05	MYM NJ	Felicia F. Lee at 2005 YMCA Nationals Short Course

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RECORDS Short Course Records

11-12	50 Breast	31.12	10-Dec-04	MYM NJ	Stephanie M. Ferrell at HOLIDAY CLASSIC XVIII
	100 Breast	1:05.96	5-Apr-05	MYM NJ	Stephanie M. Ferrell at 2005 YMCA Nationals Short Course
	200 Breast	2:21.37	18-Feb-05	MYM NJ	Stephanie M. Ferrell at SrJr States2005
	50 Fly	26.27	5-Apr-05	MYM NJ	Felicia F. Lee at 2005 YMCA Nationals Short Course
	100 Fly	56.16	5-Apr-05	MYM NJ	Felicia F. Lee at 2005 YMCA Nationals Short Course
	200 Fly	2:12.36	8-Jan-05	MYM NJ	Felicia F. Lee at NJ WINTERFEST 2005
	100 IM	59.45	18-Mar-05	MYM NJ	Felicia F. Lee at 2005 Junior Olympics
	200 IM	2:06.45	5-Apr-05	MYM NJ	Felicia F. Lee at 2005 YMCA Nationals Short Course
	400 IM	4:33.10	18-Mar-05	MYM NJ	Felicia F. Lee at 2005 Junior Olympics
	200 Free Relay	1:44.25	31-Mar-11	MYM NJ	E. O'Halloran, K. Ianiro, H. O'Halloran, A. Espinosa-Dice
	400 Free Relay	3:45.40	10-Dec-10	MYM NJ	E. O'Halloran, K. Ianiro, H. O'Halloran, A. Espinosa-Dice
	200 Medley Relay	1:56.66	10-Dec-04	MYM NJ	F. Lee, S. Ferrell, C. Patracuolla, E. Huelbig
	400 Medley Relay	4:30.73	31-Mar-11	MYM NJ	H. O'Halloran, C. O'Leary, K. Ianiro, A. Espinosa-Dice
	13-14	50 Free	24.10	5-Apr-04	MYM NJ
100 Free		52.56	5-Apr-04	MYM NJ	Lauren English at 2004 YMCA Nationals Short Course
200 Free		1:56.64	5-Apr-04	MYM NJ	Lauren English at 2004 YMCA Nationals Short Course
500 Free		5:09.87	1-Sep-98	MYM NJ	L. Fabiano
1000 Free		10:35.04	1-Sep-98	MYM NJ	J. Feintheil
1650 Free		17:34.34	1-Sep-98	MYM NJ	L. Fabiano
100 Back		55.31	5-Apr-04	MYM NJ	Lauren English at 2004 YMCA Nationals Short Course
200 Back		1:59.94	5-Apr-04	MYM NJ	Lauren English at 2004 YMCA Nationals Short Course
100 Breast		1:04.75	2-Apr-07	MYM NJ	Stephanie M. Ferrell at 2007 YMCA Nationals Short Course
200 Breast		2:21.43	8-Dec-06	MYM NJ	Stephanie M. Ferrell at Holiday Classic
100 Fly		59.75	16-Dec-05	MYM NJ	Katherine H. O'Leary at Holiday Classic XIX
200 Fly		2:11.19	14-Jan-06	MYM NJ	Katherine H. O'Leary at 2006 Maryland Winterfest Invitational
200 IM		2:09.13	8-Dec-06	MYM NJ	Stephanie M. Ferrell at Holiday Classic
400 IM		4:30.01	9-Mar-07	MYM NJ	Stephanie M. Ferrell at NJ YMCA State Championships
200 Free Relay		1:39.46	21-Feb-04	MYM NJ	D. Milley, L. English, N. Patracuolla, N. Moodie
400 Free Relay		3:39.01	19-Mar-04	MYM NJ	D. Milley, L. English, N. Patracuolla, N. Moodie
800 Free Relay		8:19.19	1-Sep-00	MYM NJ	L. Petsoff L. Sytnyk J. Pangilinan K. Haigney
200 Medley Relay		1:51.56	21-Feb-04	MYM NJ	L. English C. Fuhro K. Teresek N. Moodie
400 Medley Relay		4:04.89	12-Dec-03	MYM NJ	L. English, C. Fuhro, K. Teresak, N. Moodie
15-18		50 Free	24.18	1-Sep-97	MYM NJ
	100 Free	53.32	1-Sep-98	MYM NJ	K. Hecking
	200 Free	1:54.32	21-Feb-04	MYM NJ	Kaitlin O'Brien at New Jersey YMCA State Championship
	500 Free	4:55.51	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	1000 Free	10:11.78	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	1650 Free	16:43.97	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	100 Back	56.34	1-Sep-97	MYM NJ	K. Hecking
	200 Back	2:01.23	1-Sep-96	MYM NJ	K. Hecking
	100 Breast	1:03.57	5-Apr-11	MYM NJ	Stephanie M. Ferrell at 2011 YMCA Nationals Short Course
	200 Breast	2:17.10	5-Apr-11	MYM NJ	Stephanie M. Ferrell at 2011 YMCA Nationals Short Course
	100 Fly	57.89	2-Apr-09	MYM NJ	Katherine H. O'Leary at 2009 NC SunKissed Invitational Jr/Sr Champio
	200 Fly	2:07.08	13-Mar-09	MYM NJ	Katherine H. O'Leary at NJ YMCA 13 & O State Championships
	200 IM	2:04.04	5-Apr-11	MYM NJ	Stephanie M. Ferrell at 2011 YMCA Nationals Short Course
	400 IM	4:20.18	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	200 Free Relay	1:40.86	1-Sep-90	MYM NJ	D. Golden L. Golden M. Heider J. Heider
	400 Free Relay	3:37.97	1-Sep-90	MYM NJ	D. Golden L. Golden M. Heider J. Heider
	800 Free Relay	7:54.61	1-Sep-01	MYM NJ	J. Feintheil L. Fabiano L. Sytnyk H. Ang
	200 Medley Relay	1:49.92	6-Apr-09	MYM NJ	E. Huelbig, S. Ferrell, K. O'Leary, C. Nelson

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15-18	400 Medley Relay	3:54.84	6-Apr-09	MYM NJ	E. Huelbig, S. Ferrell, K O'Leary, C. Nelson
Open	50 Free	24.10	5-Apr-04	MYM NJ	Natasha D. Moodie at 2004 YMCA Nationals Short Course
	100 Free	52.56	5-Apr-04	MYM NJ	Lauren English at 2004 YMCA Nationals Short Course
	200 Free	1:54.32	21-Feb-04	MYM NJ	Kaitlin O'Brien at New Jersey YMCA State Championship
	500 Free	4:55.51	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	1000 Free	10:11.78	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	1650 Free	16:43.97	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	100 Back	55.31	5-Apr-04	MYM NJ	Lauren English at 2004 YMCA Nationals Short Course
	200 Back	1:59.94	5-Apr-04	MYM NJ	Lauren English at 2004 YMCA Nationals Short Course
	100 Breast	1:03.57	5-Apr-11	MYM NJ	Stephanie M. Ferrell at 2011 YMCA Nationals Short Course
	200 Breast	2:17.10	5-Apr-11	MYM NJ	Stephanie M. Ferrell at 2011 YMCA Nationals Short Course
	100 Fly	56.16	5-Apr-05	MYM NJ	Felicia F. Lee at 2005 YMCA Nationals Short Course
	200 Fly	2:07.08	13-Mar-09	MYM NJ	Katherine H. O'Leary at NJ YMCA 13 & O State Championships
	200 IM	2:04.04	5-Apr-11	MYM NJ	Stephanie M. Ferrell at 2011 YMCA Nationals Short Course
	400 IM	4:20.18	5-Apr-04	MYM NJ	Kaitlin O'Brien at 2004 YMCA Nationals Short Course
	200 Free Relay	1:39.83	5-Apr-04	MYM NJ	L. English, N. Moodie, R. Coviello, K. O'Brien
	400 Free Relay	3:32.44	5-Apr-04	MYM NJ	L. English, N. Moodie, B. Roche, K. O'Brien
	800 Free Relay	7:52.81	5-Apr-04	MYM NJ	L. English, C. Dudar, N. Patracuolla, K. O'Brien
	200 Medley Relay	1:46.72	5-Apr-04	MYM NJ	L. English, S. Kallman, B. Von Rosendahl, N. Moodi
400 Medley Relay	3:52.65	5-Apr-04	MYM NJ	L. English, B. Von Rosendahl, K. O'Brien, B. Roche	

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RECORDS Short Course Records

Yards-Male

8 & U	25 Free	14.41	1-Sep-92	MYM NJ	T. Ditrani
	50 Free	31.95	1-Sep-94	MYM NJ	J. Fowler
	100 Free	1:12.93	1-Sep-02	MYM NJ	C. Cannizzaro
	200 Free	2:51.36	19-Mar-04	MYM NJ	Patrick Park at 2004 Junior Olympics
	25 Back	16.93	1-Sep-92	MYM NJ	T.DiTrani
	50 Back	38.61	1-Sep-92	MYM NJ	T.Ditrani
	100 Back	1:33.36	30-Jan-10	MYM NJ	Andrew Skibniewski at 10/U Tri Meet 2 2010
	25 Breast	18.43	1-Sep-94	MYM NJ	J. Fowler
	50 Breast	38.03	1-Sep-94	MYM NJ	J. Fowler
	100 Breast	1:28.29	19-Mar-04	MYM NJ	Patrick Park at 2004 Junior Olympics
	25 Fly	15.97	1-Sep-98	MYM NJ	P.Park
	50 Fly	37.07	19-Mar-04	MYM NJ	Patrick Park at 2004 Junior Olympics
	100 Fly	1:28.26	19-Mar-04	MYM NJ	Patrick Park at 2004 Junior Olympics
	100 IM	1:19.85	1-Sep-94	MYM NJ	J.Fowler
	200 IM	3:00.10	19-Mar-04	MYM NJ	Patrick Park at 2004 Junior Olympics
	100 Free Relay	1:08.75	1-Sep-93	MYM NJ	J.Ashenfelter M. Canzano R. Belmonte T. Dtrani
	200 Free Relay	2:35.36	1-Sep-94	MYM NJ	J.Fowler L. Baarlear M. Canzano J. Ashenfelter
	100 Medley Relay	1:22.75	1-Sep-02	MYM NJ	Z. Doss, L. Tully, C. Cannizzaro, C. Dunn
	200 Medley Relay	3:02.04	1-Sep-98	MYM NJ	P.Opydyke C. Lee P. Park P. Baumann
9-10	50 Free	27.00	1-Sep-96	MYM NJ	J. Fowler
	100 Free	59.94	10-Dec-04	MYM NJ	Tommy Wolinski at HOLIDAY CLASSIC XVIII
	200 Free	2:10.21	1-Sep-00	MYM NJ	P. Park
	500 Free	5:40.47	1-Sep-00	MYM NJ	P. Park
	1000 Free	23:26.41	1-Sep-90	MYM NJ	N. Beenswum
	50 Back	31.54	10-Dec-04	MYM NJ	Michael R. Bajuz at HOLIDAY CLASSIC XVIII
	100 Back	1:09.71	14-Jan-06	MYM NJ	Phillip Kang at 2006 Maryland Winterfest Invitational
	200 Back	2:35.83	4-Nov-05	MYM NJ	Phillip Kang at Turkey2005
	50 Breast	34.28	1-Sep-96	MYM NJ	J. Fowler
	100 Breast	1:16.02	1-Sep-96	MYM NJ	J. Fowler
	200 Breast	2:55.81	1-Sep-93	MYM NJ	B. Lang
	50 Fly	30.12	1-Sep-00	MYM NJ	P. Park
	100 Fly	1:05.84	1-Sep-00	MYM NJ	P. Park
	200 Fly	2:34.44	21-Jan-06	MYM NJ	Phillip Kang at Boys A VS Summit NS
	100 IM	1:09.89	1-Jan-96	MYM NJ	Jordan Fowler
	200 IM	2:26.45	1-Sep-00	MYM NJ	P. Park
	400 IM	5:34.06	4-Nov-05	MYM NJ	Phillip Kang at Turkey2005
	200 Free Relay	1:56.39	10-Dec-04	MYM NJ	P. Park, M. Bajuz, P. Kang, T. Wolinski
	200 Medley Relay	2:12.30	10-Dec-04	MYM NJ	M. Bajuz, P. Kang, P. Park, T. Wolinski
	11-12	50 Free	23.19	20-Mar-09	MYM NJ
100 Free		52.58	2-Apr-09	MYM NJ	William S. Zaubler at 2009 NC SunKissed Invitational Jr/Sr Champio
200 Free		1:51.71	1-Sep-01	MYM NJ	P. Park
500 Free		4:58.11	1-Sep-02	MYM NJ	P. Park
1000 Free		10:18.68	1-Sep-02	MYM NJ	P. Park
1650 Free		17:19.79	1-Sep-02	MYM NJ	P. Park
50 Back		27.78	27-Feb-09	MYM NJ	William S. Zaubler at NJ YMCA 12/UNDER STATE CHAMPIONSHIP
100 Back		1:00.10	14-Dec-07	MYM NJ	Philip Kang at HOLIDAY CLASSIC XXI
200 Back		2:05.03	14-Dec-07	MYM NJ	Philip Kang at HOLIDAY CLASSIC XXI

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RECORDS Short Course Records

11-12	50 Breast	30.36	1-Sep-98	MYM NJ	J. Fowler
	100 Breast	1:07.12	1-Sep-98	MYM NJ	J. Fowler
	200 Breast	2:24.22	14-Dec-07	MYM NJ	Philip Kang at HOLIDAY CLASSIC XXI
	50 Fly	26.55	1-Sep-02	MYM NJ	P. Park
	100 Fly	56.85	1-Sep-01	MYM NJ	P. Park
	200 Fly	2:04.01	1-Sep-01	MYM NJ	P. Park
	100 IM	59.76	14-Dec-07	MYM NJ	Philip Kang at HOLIDAY CLASSIC XXI
	200 IM	2:06.54	1-Sep-01	MYM NJ	P. Park
	400 IM	4:25.96	1-Sep-01	MYM NJ	P. Park
	200 Free Relay	1:44.06	1-Sep-00	MYM NJ	M. Bialko J. Swierkocki M. Bialko A. Kyrejko
	200 Medley Relay	1:56.74	1-Sep-02	MYM NJ	N. Cannizzaro P. Oh P. Park T. Clark
13-14	50 Free	22.81	5-Apr-04	MYM NJ	Kevin Jung at 2004 YMCA Nationals Short Course
	100 Free	49.67	1-Sep-02	MYM NJ	A. Kyrejko
	200 Free	1:47.52	1-Sep-02	MYM NJ	A. Kyrejko
	500 Free	4:47.42	1-Sep-02	MYM NJ	A. Kyrejko
	1000 Free	9:51.60	1-Sep-03	MYM NJ	P. Park
	1650 Free	16:45.17	1-Sep-03	MYM NJ	P. Park
	100 Back	54.89	13-Mar-09	MYM NJ	Philip Kang at NJ YMCA 13 & O State Championships
	200 Back	1:57.96	13-Mar-09	MYM NJ	Philip Kang at NJ YMCA 13 & O State Championships
	100 Breast	1:01.62	1-Sep-98	MYM NJ	M. Hartke
	200 Breast	2:15.13	1-Sep-98	MYM NJ	M. Hartke
	100 Fly	53.87	1-Apr-08	MYM NJ	Andrew R. Jung at 2008 YMCA Nationals Short Course
	200 Fly	1:57.88	1-Sep-03	MYM NJ	P. Park
	200 IM	1:59.98	13-Mar-09	MYM NJ	Philip Kang at NJ YMCA 13 & O State Championships
	400 IM	4:11.90	1-Sep-02	MYM NJ	A. Kyrejko
	200 Free Relay	1:35.81	7-Mar-08	MYM NJ	D. Hall App, C. Cannizzaro, A. Jung, T. Wolinski at NJYMCA STATE 08
	400 Free Relay	3:27.36	1-Sep-02	MYM NJ	A. Kyrejko M. Bialko A. Dougherty M. Bialko
	800 Free Relay	8:01.34	1-Sep-02	MYM NJ	U. Pyon B. Ashenfelter T. Clark J. Tseng
	200 Medley Relay	1:47.72	7-Mar-08	MYM NJ	A. Jung, J. Salter, C. Cannizzaro, D. Hall App at NJYMCA STATE 08
	400 Medley Relay	3:51.57	12-Dec-08	MYM NJ	P. Kang, J. Salter, T. Marshall, T. Wolinski
15-18	50 Free	21.47	1-Sep-96	MYM NJ	R. Hodgson
	100 Free	46.87	1-Sep-97	MYM NJ	R. Hodgson
	200 Free	1:42.83	13-Mar-09	MYM NJ	Matt L. Navata at NJ YMCA 13 & O State Championships
	500 Free	4:41.42	8-Dec-06	MYM NJ	Matt L. Navata at Holiday Classic
	1000 Free	9:44.00	14-Dec-07	MYM NJ	Matt L. Navata at HOLIDAY CLASSIC XXI
	1650 Free	16:25.79	1-Sep-02	MYM NJ	J. Ashenfelter
	100 Back	52.47	11-Mar-11	MYM NJ	Jovany Avendano at NJ YMCA 13 & O State Championships
	200 Back	1:53.50	20-Feb-09	MYM NJ	Matt L. Navata at New Jersey Swimming's Senior States 2009
	100 Breast	57.52	13-Mar-09	MYM NJ	Matt L. Navata at NJ YMCA 13 & O State Championships
	200 Breast	2:04.43	6-Apr-09	MYM NJ	Matt L. Navata at 2009 YMCA Nationals Short Course
	100 Fly	51.37	12-Dec-08	MYM NJ	Matt L. Navata at HOLIDAY CLASSIC XXII
	200 Fly	1:49.84	1-Apr-08	MYM NJ	Matt L. Navata at 2008 YMCA Nationals Short Course
	200 IM	1:52.11	6-Apr-09	MYM NJ	Matt L. Navata at 2009 YMCA Nationals Short Course
	400 IM	3:56.09	7-Apr-10	MYM NJ	Matt L. Navata at 2010 YMCA Nationals Short Course
	200 Free Relay	1:29.85	6-Apr-09	MYM NJ	A. Jung, D. Hall-App, J. Yburan, M. Navata
	400 Free Relay	3:15.35	12-Mar-10	MYM NJ	Jan Jburan, Trevor Marshall, Matt Navata, Tommy Wolinski
	800 Free Relay	7:04.35	7-Apr-10	MYM NJ	T. Wolinski, M. Navatta, D. Hall-App, A. Jung
	200 Medley Relay	1:40.31	7-Apr-10	MYM NJ	D. Hall-App, M. Navatta, A. Jung, T. Wolinski
	400 Medley Relay	3:35.49	7-Apr-10	MYM NJ	D Hall-App, M Navata, A. Jung, T. Wolinski

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Open	50 Free	21.47	1-Sep-96	MYM NJ	R. Hodgson
	100 Free	46.87	1-Sep-97	MYM NJ	R. Hodgson
	200 Free	1:42.83	13-Mar-09	MYM NJ	Matt L. Navata at NJ YMCA 13 & O State Championships
	500 Free	4:41.42	8-Dec-06	MYM NJ	Matt L. Navata at Holiday Classic
	1000 Free	9:44.00	14-Dec-07	MYM NJ	Matt L. Navata at HOLIDAY CLASSIC XXI
	1650 Free	16:25.79	1-Sep-02	MYM NJ	J. Ashenfelter
	100 Back	52.47	11-Mar-11	MYM NJ	Jovany Avendano at NJ YMCA 13 & O State Championships
	200 Back	1:53.50	20-Feb-09	MYM NJ	Matt L. Navata at New Jersey Swimming's Senior States 2009
	100 Breast	57.52	13-Mar-09	MYM NJ	Matt L. Navata at NJ YMCA 13 & O State Championships
	200 Breast	2:03.78	3-Mar-11	MYM NJ	Matt L. Navata at 2011 SZES Senior Championships
	100 Fly	51.37	12-Dec-08	MYM NJ	Matt L. Navata at HOLIDAY CLASSIC XXII
	200 Fly	1:49.74	3-Mar-11	MYM NJ	Matt L. Navata at 2011 SZES Senior Championships
	200 IM	1:50.95	3-Mar-11	MYM NJ	Matt L. Navata at 2011 SZES Senior Championships
	400 IM	3:56.09	7-Apr-10	MYM NJ	Matt L. Navata at 2010 YMCA Nationals Short Course
	200 Free Relay	1:27.90	1-Sep-96	MYM NJ	M. Arnold B. Hoffman M. Kratson R. Hodgson
	400 Free Relay	3:15.35	12-Mar-10	MYM NJ	Jan Jburan, Trevor Marshall, Matt Navata, Tommy Wolinski
	800 Free Relay	7:04.35	7-Apr-10	MYM NJ	T. Wolinski, M. Navata, D. Hall-App, A. Jung
	200 Medley Relay	1:38.65	6-Apr-09	MYM NJ	P Kang, M Navata, A Jung, J Yburan at 2009 Y Nationals
	400 Medley Relay	3:35.49	7-Apr-10	MYM NJ	D. Hall-App, M. Navata, A. Jung, T. Wolinski