

**Welcome to the**  
**MONTCLAIR YMCA DOLPHINS SWIM TEAM TRYOUTS**

**PLEASE READ THIS SHEET THOROUGHLY FIRST! !**

**Please pick up one white athlete information card and one pink event tryout card for each female swimmer and one blue event tryout card for each male swimmer attending tryouts. If more than one swimmer from the same family is trying out, separate forms for each swimmer needs to be filled out.**

- 1. Please fill out the top part of the pink or blue event tryout card with the swimmer's name, phone number etc.... and hand them back in to the people at the registration table on the pool balcony ASAP. If there is an event/stroke that a child is unable to do, do not worry about it. We are judging the swimmers by what they can do.**

**\*The pink and blue event cards must be completed and handed in before the swimmer goes to the pool for try-out.**

- 2. Please fill out the white and green athlete information cards as completely as possible.**

**\*The white and green athlete information form(s) must be completed and handed in before leaving today. If you do not hand it in you will not be offered a spot on the team**

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Each child will be observed and timed in each of the events that they are able to swim - there should be ample rest between each event. We are evaluating each tryout candidate based on how well the strokes are performed, "potential" (from coaches' observations), speed (actual times), and any additional pertinent information that we find on the application forms. Our goal is to place each tryout candidate into one of the YMCA's many aquatic programs (developmental, competitive and instructional) with level appropriateness being the main objective.

Notification of placement will be made by Monday 9/15/09 by 12:00 Noon. We will post this information on the tryout page of the team website. Detailed practice schedules and practice start dates will be on the website. Please e-mail Jon Siegel your intention by 9/16 at [jpsiegelnj@aol.com](mailto:jpsiegelnj@aol.com)

Thank you for your interest - good luck and have fun!  
The Montclair YMCA Coaching Staff