SILVER/BRONZE NORTH CHAMPIONSHIP FOR 11/12's Hosted by New Jersey Wave @ BCC

SCHEDULE OF SESSION TIMES

DAY	SESSION	AGE	WARM-UP	<u>CHECK-IN</u>	<u>START</u>	_
SAT	1	BOYS	8:00AM	8:35AM	9:05AM	
SAT	2	BOYS' 500	10 mins.	11:45AM	NOON	approximate
SAT	3	GIRLS	1:00PM	1:50PM	2:20PM	
SAT	4	GIRLS' 500	10 mins.	5:30PM	5:45PM	approximate
SUN	5	GIRLS	7:OOAM	7:50AM	8:20AM	
SUN	6	GIRLS' 400 IM'S	10 mins.	NOON	12:15PM	approximate
SUN	7	BOYS	1:00PM	1:35PM	2:05PM	
SUN	8	BOYS' 400 IM'S	10 mins.	3:45PM	4:00PM	approximate

TIMING ASSIGNMENTS

DAY	SESSION	AGE	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	ALTERNATES:
SAT	1	BOYS	BAC	ESC	GBCY	MYM	WFY	JG	WEY, RY, CBGC
SAT	2	BOYS' 500	SWIMMER	S PROVIDE	OWN TIMEF	RS, OWN WAT	CHES, OW	V COUNTERS	
SAT	3	GIRLS	MAY	TWST	RY	CCC	CAT	MCY	BAC, ESC, NJBL
SAT	4	GIRLS' 500	SWIMMER	S PROVIDE	OWN TIMEF	RS, OWN WAT	CHES, OW	N COUNTERS	
SUN	5	GIRLS	MAY	JG	WEY	MCY	MYM	BAC	CAT, RY, CCC
SUN	6	GIRLS' 400 IM'S	SWIMMER	S PROVIDE	OWN TIMEF	RS, OWN WAT	CHES		
SUN	7	BOYS	GBCY	WFY	CAT	BAC	ESC	TWST	JG. RY, BMS
SUN	8	BOYS' 400 IM'S	SWIMMER	S PROVIDE	OWN TIMEF	RS, OWN WAT	CHES		

Timers need to have their own stopwatches and teams need to cover their lane for the entire session. **Teams with no specific assignments are asked to be ready to provide backup timers when called.**

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