

**NEW JERSEY SWIMMING**  
**2006-2007 GOLD/SILVER/BRONZE TIME STANDARDS**

**10 & Under Short Course Yards**

EVENT	GIRLS GOLD	GIRLS SILVER	GIRLS BRONZE		BOYS GOLD	BOYS SILVER	BOYS BRONZE
50 yd. Freestyle	<b>:32.49</b>	:34.49	:34.50+		<b>:32.59</b>	:37.59	:37.60+
100 yd. Freestyle	<b>1:13.09</b>	1:20.29	1:20.30+		<b>1:12.89</b>	1:23.19	1:23.20+
200 yd. Freestyle	2:42.39	3:04.29	3:04.30+		2:42.39	3:04.29	3:04.30+
500 yd. Freestyle	7:10.89	7:40.89	7:40.90+		7:10.89	7:40.89	7:40.90+
50 yd. Backstroke	<b>:38.39</b>	:41.09	:41.10+		<b>:38.79</b>	:44.09	:44.10+
100 yd. Backstroke	<b>1:24.39</b>	1:34.99	1:35.00+		<b>1:25.29</b>	1:39.19	1:39.20+
50 yd. Breaststroke	<b>:43.19</b>	:47.39	:47.40+		<b>:44.19</b>	:50.49	:50.50+
100 yd. Breaststroke	<b>1:35.69</b>	1:48.99	1:49.00+		1:37.89	1:51.49	1:51.50+
50 yd. Butterfly	<b>:37.49</b>	:42.59	:42.60+		<b>:38.39</b>	:45.79	:45.80+
100 yd. Butterfly	1:29.69	1:45.09	1:45.10+		<b>1:27.69</b>	1:45.09	1:45.10+
100 yd. Ind. Medley	<b>1:23.09</b>	1:29.29	1:29.30+		<b>1:23.59</b>	1:36.69	1:36.70+
200 yd. Ind. Medley	3:03.79	3:27.39	3:27.40+		3:03.79	3:27.39	3:27.40+

**Bronze Times are all times slower than Silver Times!**

**11-12 Short Course Yards**

EVENT	GIRLS GOLD	GIRLS SILVER	GIRLS BRONZE		BOYS GOLD	BOYS SILVER	BOYS BRONZE
50 yd. Freestyle	:28.69	:29.89	:29.90+		<b>:28.99</b>	:31.29	:31.30+
100 yd. Freestyle	1:02.49	1:07.49	1:07.50+		<b>1:03.29</b>	1:10.39	1:10.40+
200 yd. Freestyle	2:17.49	2:30.59	2:30.60+		<b>2:17.59</b>	2:37.79	2:37.80+
500 yd. Freestyle	6:06.29	6:30.99	6:31.00+		6:09.29	6:40.99	6:41.00+
1000 yd. Freestyle	13:00.49	13:45.49	13:45.50+		13:00.49	13:45.49	13:45.50+
1650 yd. Freestyle	21:21.49	22:21.49	22:21.50+		21:21.49	22:21.49	22:21.50+
50 yd. Backstroke	:33.89	:35.69	:35.70+		:34.49	:37.79	:37.80+
100 yd. Backstroke	<b>1:12.89</b>	1:16.79	1:16.80+		<b>1:13.19</b>	1:25.09	1:25.10+
200 yd. Backstroke	<b>2:38.39</b>	3:06.49	3:06.50+		<b>2:41.39</b>	3:06.49	3:06.50+
50 yd. Breaststroke	<b>:37.59</b>	:40.69	:40.70+		:38.49	:43.19	:43.20+
100 yd. Breaststroke	<b>1:22.29</b>	1:27.99	1:28.00+		1:23.29	1:33.59	1:33.60+
200 yd. Breaststroke	<b>2:59.19</b>	3:27.29	3:27.30+		<b>3:06.09</b>	3:27.29	3:27.30+
50 yd. Butterfly	<b>:32.29</b>	:34.39	:34.40+		:32.69	:36.89	:36.90+
100 yd. Butterfly	1:13.99	1:24.09	1:24.10+		1:14.09	1:24.09	1:24.10+
200 yd. Butterfly	2:46.99	3:04.99	3:05.00+		2:46.99	3:04.99	3:05.00+
100 yd. Ind. Medley	1:12.39	1:16.39	1:16.40+		<b>1:13.59</b>	1:21.79	1:21.80+
200 yd. Ind. Medley	<b>2:36.49</b>	2:46.99	2:47.00+		<b>2:38.29</b>	2:59.29	2:59.30+
400 yd. Ind. Medley	5:45.49	6:15.49	6:15.50+		5:45.49	6:15.49	6:15.50+

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**NEW JERSEY SWIMMING**  
2005-2006 GOLD/SILVER/BRONZE TIME STANDARDS

**13-14 Short Course Yards**

EVENT	GIRLS GOLD	GIRLS SILVER	GIRLS BRONZE	BOYS GOLD	BOYS SILVER	BOYS BRONZE
50 yd. Freestyle	<b>:26.69</b>	:28.09	:28.10+	:25.49	:27.49	:27.50+
100 yd. Freestyle	:57.89	1:00.89	1:00.90+	:55.69	:59.99	1:00.00+
200 yd. Freestyle	<b>2:06.19</b>	2:13.59	2:13.60+	<b>2:03.59</b>	2:15.59	2:15.60+
500 yd. Freestyle	<b>5:37.59</b>	5:56.39	5:56.40+	5:35.19	6:08.19	6:08.20+
1000 yd. Freestyle	11:37.29	12:22.29	12:22.30+	11:14.49	11:59.49	11:59.50+
1650 yd. Freestyle	19:21.69	20:21.69	20:21.70+	18:50.29	19:50.29	19:50.30+
100 yd. Backstroke	<b>1:07.29</b>	1:11.69	1:11.70+	1:05.49	1:14.59	1:14.60+
200 yd. Backstroke	<b>2:23.09</b>	2:37.29	2:37.30+	2:22.29	2:40.19	2:40.20+
100 yd. Breaststroke	<b>1:15.69</b>	1:22.49	1:22.50+	1:13.19	1:22.29	1:22.30+
200 yd. Breaststroke	<b>2:44.49</b>	3:05.89	3:05.90+	2:39.19	2:58.49	2:58.50+
100 yd. Butterfly	<b>1:06.39</b>	1:15.09	1:15.10+	1:04.39	1:10.99	1:11.00+
200 yd. Butterfly	2:28.59	2:46.99	2:47.00+	2:22.69	2:40.59	2:40.60+
200 yd. Ind. Medley	<b>2:24.09</b>	2:33.89	2:33.90+	<b>2:20.59</b>	2:36.49	2:36.50+
400 yd. Ind. Medley	<b>5:07.29</b>	5:44.99	5:45.00+	5:04.29	5:34.29	5:34.30+

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**15-19 Short Course Yards**

EVENT	GIRLS GOLD	GIRLS SILVER	GIRLS BRONZE	BOYS GOLD	BOYS SILVER	BOYS BRONZE
50 yd. Freestyle	<b>:25.59</b>	:28.69	:28.70+	:23.09	:24.69	:24.70+
100 yd. Freestyle	<b>:55.59</b>	:58.69	:58.70+	:50.39	:54.49	:54.50+
200 yd. Freestyle	<b>2:00.39</b>	2:08.29	2:08.30+	<b>1:50.89</b>	2:00.89	2:00.90+
500 yd. Freestyle	<b>5:22.69</b>	5:52.19	5:52.20+	<b>5:02.59</b>	5:41.69	5:41.70+
1000 yd. Freestyle	11:12.09	12:11.09	12:11.10+	10:27.29	11:29.19	11:29.20+
1650 yd. Freestyle	18:45.59	20:08.99	20:09.00+	18:00.99	19:00.99	19:01.00+
100 yd. Backstroke	<b>1:03.99</b>	1:10.19	1:10.20+	:58.79	1:05.19	1:05.20+
200 yd. Backstroke	<b>2:17.39</b>	2:39.79	2:39.80+	<b>2:07.59</b>	2:40.89	2:40.90+
100 yd. Breaststroke	<b>1:12.89</b>	1:19.39	1:19.40+	<b>1:06.19</b>	1:19.39	1:19.40+
200 yd. Breaststroke	<b>2:36.39</b>	3:05.09	3:05.10+	<b>2:27.09</b>	2:58.49	2:58.50+
100 yd. Butterfly	<b>1:02.19</b>	1:08.49	1:08.50+	<b>:56.79</b>	1:06.69	1:06.70+
200 yd. Butterfly	<b>2:20.59</b>	2:46.99	2:47.00+	<b>2:13.29</b>	2:40.59	2:40.60+
200 yd. Ind. Medley	<b>2:17.19</b>	2:26.29	2:26.30+	<b>2:06.99</b>	2:20.29	2:20.30+
400 yd. Ind. Medley	<b>4:53.29</b>	5:35.99	5:36.00+	<b>4:35.99</b>	5:20.69	5:20.70+

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