

MONTCLAIR YMCA DOLPHINS SWIM TEAM

Top 10 Best Times (Short Course Yards) - achieved during 2008-09 SC season

GIRLS- 50 FREESTYLE			BOYS - 50 FREESTYLE		
Natasha Moodie	24.10	04	Rusty Hodgson	21.47	96
Kelly Hecking	24.18	97	Dan Fletcher	21.65	06
Lauren English	24.40	03	Mark Arnold	22.15	95
Debbie Golden	24.58	90	Kevin Jung	22.16	06
Felicia Lee	24.63	05	Jr. Queiroz	22.24	09
Caitlin Nelson	24.69	09	Brian Hoffman	22.28	00
Kate Haigney	24.89	00	Brian Hsu	22.32	97
Lisa Dolansky	24.95	99	Andrew Ziccardi	22.32	01
Amy Black	24.99	95	Matt Navata	22.53	08
Jessica Lennon	24.99	02	Peter Polgar	22.67	05

GIRLS- 100 FREESTYLE			BOYS - 100 FREESTYLE		
Lauren English	52.56	04	Rusty Hodgson	46.87	97
Natasha Moodie	53.15	05	Andrew Ziccardi	47.70	00
Kelly Hecking	53.32	97	Dan Fletcher	47.94	05
Felicia Lee	53.48	05	Mark Arnold	48.04	95
Jessica Lennon	53.69	02	Jr. Queiroz	48.40	09
Kate O'Leary	53.85	09	Matt Navata	48.42	08
Kaitlin O'Brien	53.98	04	Andrew Kyrejko	48.53	03
Debbie Golden	54.04	90	Brian Hoffman	48.81	00
Betsy Roche	54.06	03	Kevin Jung	48.95	07
Lisa Dolansky	54.17	99	Carl D'Amore	49.46	98

GIRLS- 200 FREESTYLE			BOYS - 200 FREESTYLE		
Kaitlin O'Brien	1:54.32	04	Matt Navata	1:42.83	09
Laura Fabiano	1:55.93	01	Andrew Kyrejko	1:44.80	03
Amy Black	1:56.12	96	Andrew Ziccardi	1:44.93	01
Lauren English	1:56.64	04	Dan Fletcher	1:45.09	05
Kate O'Leary	1:56.71	09	Rusty Hodgson	1:45.20	97
Felicia Lee	1:56.93	05	Mark Arnold	1:45.49	95
Kelly Hecking	1:57.19	97	Jay Ashenfelter	1:46.13	02
Stephanie Ferrell	1:57.20	08	Jr. Queiroz	1:47.13	09
Lisa Dolansky	1:57.44	99	Joseph Tseng	1:48.11	04
Jackie Feintheil	1:57.79	01	Mark Kratson	1:48.19	97

GIRLS- 500 FREESTYLE			BOYS - 500 FREESTYLE		
Kaitlin O'Brien	4:55.51	04	Matt Navata	4:41.42	06
Jackie Feintheil	5:05.93	01	Jay Ashenfelter	4:44.67	02
Laura Fabiano	5:09.11	01	Mark Kratson	4:45.91	97
Melissa Heider	5:09.87	91	Andrew Ziccardi	4:46.88	00
Kate O'Leary	5:11.51	09	Andrew Kyrejko	4:46.42	03
Jamie Connell	5:11.85	03	Peter Park	4:47.93	03
Stephanie Ferrell	5:12.62	08	Joseph Tseng	4:52.10	04
Heather Ang	5:14.21	00	Dan Fletcher	4:53.31	06
Amanda Curley	5:15.05	03	Rusty Hodgson	4:54.98	96
Kelly Hecking	5:15.16	97	Derek Sturm	4:56.35	03

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GIRLS- 1000 FREESTYLE				BOYS - 1000 FREESTYLE			
Kaitlin O'Brien	10:11.78	04		Matt Navata	9:44.00	07	
Jackie Feintheil	10:31.36	01		Jay Ashenfelter	9:50.22	03	
Laura Fabiano	10:38.56	98		Peter Park	9:51.60	03	
Amanda Curley	10:40.57	03		Joseph Tseng	9:59.98	04	
Jamie Connell	10:40.89	03		Mark Kratson	10:01.74	97	
Felicia Lee	10:43.76	05		Andrew Kyrejko	10:19.40	01	
Melissa Heider	10:45.05	91		Paul Blassuci	10:19.78	96	
Cassandra Dudar	10:51.98	02		David Wynne	10:26.14	97	
Lauren Connell	10:58.40	02		Rusty Hodgson	10:28.11	97	
Lisa Dolansky	10:58.92	98		Chris Feintheil	10:28.73	97	

GIRLS- 1650 FREESTYLE				BOYS - 1650 FREESTYLE			
Kaitlin O'Brien	16:43.97	04		Jay Ashenfelter	16:25.79	02	
Jackie Feintheil	17:32.04	01		Matt Navata	16:33.58	07	
Laura Fabiano	17:34.34	98		Mark Kratson	16:33.90	97	
Amanda Curley	18:01.25	03		Peter Park	16:45.17	03	
Cassandra Dudar	18:04.01	02		Joseph Tseng	17:00.88	04	
Heather Ang	18:27.02	00		David Wynne	17:10.67	97	
Stephanie Ferrell	18:30.60	07		Rusty Hodgson	17:16.92	97	
Felicia Lee	18:33.68	04		Chris Feintheil	17:17.33	97	
Alexis Levensgood	18:40.10	02		Paul Blasucci	17:31.53	96	
Amy Black	18:46.68	95		James Lands	17:33.04	02	

GIRLS- 100 BACKSTROKE				BOYS - 100 BACKSTROKE			
Lauren English	55.31	03		Mark Arnold	52.77	95	
Kelly Hecking	56.34	97		Matt Navata	52.91	09	
Felicia Lee	57.82	05		Daniel Fletcher	54.16	06	
Lisa Dolansky	57.83	99		Robert Willhoit	54.73	04	
Laura Fabiano	58.17	02		Andrew Jung	54.81	09	
Ellie Huelbig	1:00.12	09		Phil Kang	54.89	09	
Jennifer Heider	1:00.36	90		Chris Feintheil	55.08	99	
Alison Heider	1:01.12	94		Sean Connell	55.57	96	
Audrey McLean	1:01.48	09		Dennis Hall-App	55.64	09	
Leslie Petsoff	1:01.74	01		Nick Bassolino	55.91	04	

GIRLS- 200 BACKSTROKE				BOYS - 200 BACKSTROKE			
Lauren English	1:59.94	04		Matt Navata	1:53.50	09	
Kelly Hecking	2:01.23	96		Mark Arnold	1:53.98	95	
Felicia Lee	2:03.49	05		Chris Feintheil	1:55.85	98	
Laura Fabiano	2:04.73	02		Robert Willhoit	1:57.68	03	
Felicia Lee	2:07.78	04		Phil Kang	1:57.96	09	
Lisa Dolansky	2:08.07	97		Dennis Hall-App	1:59.61	09	
Alison Heider	2:09.59	94		Jay Ashenfelter	1:59.96	01	
Heather Ang	2:10.62	00		David Wynne	1:59.97	97	
Ellie Huelbig	2:11.42	09		Sean Connell	2:00.92	96	
Jennifer Heider	2:12.18	90		Larry Lazzara	2:00.98	99	

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GIRLS- 100 BREASTSTROKE			BOYS - 100 BREASTSTROKE		
Stephanie Ferrell	1:03.84	09	Matt Navata	57.52	09
Susannah Knox	1:06.67	02	Matt Hartke	58.63	01
Jenna Sakolsky	1:07.15	99	Mark A. Spagnuolo	1:00.96	03
Alison Heider	1:07.18	94	Fabian Villota	1:01.02	00
Brienne VonRosendahl	1:07.20	04	Rusty Hodgson	1:01.32	97
Maeve O'Leary	1:07.94	09	PJ Tully	1:01.54	07
Jaclyn Pangilinan	1:08.19	00	Paulo Madeira	1:02.21	94
Amanda Rivera	1:08.37	02	Alex Fishman	1:02.55	05
Sara Kallman	1:08.82	04	Eric Koppel	1:02.59	04
Basira Knight	1:08.86	09	Matt Milczarski	1:02.95	97

GIRLS- 200 BREASTSTROKE			BOYS - 200 BREASTSTROKE		
Stephanie Ferrell	2:19.42	09	Matt Navata	2:04.43	09
Alison Heider	2:23.88	94	PJ Tully	2:11.72	07
Jenna Sakolsky	2:23.89	99	Fabian Villota	2:14.29	00
Kaitlin O'Brien	2:24.34	04	Mark A. Spagnuolo	2:14.63	03
Susannah Knox	2:25.10	00	Paulo Madeira	2:14.94	95
Brienne VonRosendahl	2:25.47	03	Matt Hartke	2:15.13	98
Jaclyn Pangilinan	2:25.60	99	Eric Koppel	2:16.24	04
Elizabeth Kraljic	2:27.98	01	Alex Fishman	2:16.80	06
Maeve O'Leary	2:29.73	09	Rusty Hodgson	2:17.93	95
Jennifer Wu	2:30.46	03	Matt Milczarski	2:17.96	96

GIRLS- 100 BUTTERFLY			BOYS - 100 BUTTERFLY		
Felicia Lee	56.16	05	Matt Navata	51.37	08
Kate O'Leary	57.89	09	Jeff Patterson	52.81	93
Jennifer Heider	58.11	90	Kevin Jung	52.97	07
Melissa Heider	58.60	91	Andrew Jung	53.87	08
Ellie Huelbig	58.64	09	Jr. Queiroz	53.94	09
Laura Fabiano	58.71	03	Jaime Ianiro	54.14	08
Kaitlin O'Brien	58.89	04	Daniel Fletcher	54.25	05
Susannah Knox	59.41	00	Andrew Kyrejko	54.66	03
Lisa Dolansky	59.50	98	Phil Kang	54.67	09
Brienne VonRosendahl	59.53	04	David Wynne	54.81	97

GIRLS- 200 BUTTERFLY			BOYS - 200 BUTTERFLY		
Kate O'Leary	2:07.08	09	Matt Navata	1:49.84	07
Ellie Huelbig	2:07.18	09	Andrew Kyrejko	1:55.59	03
Kaitlin O'Brien	2:08.61	04	Peter Park	1:57.88	03
Jackie Feintheil	2:08.94	01	Jay Ashenfelter	1:58.18	02
Melissa Heider	2:08.96	91	Andrew Jung	1:58.64	09
Lauren Connell	2:11.84	02	Mark Kratson	1:59.73	97
Brienne VonRosendahl	2:12.02	03	David Wynne	1:59.65	97
Leslie Petsoff	2:12.04	03	Kevin Jung	2:03.50	05
Felicia Lee	2:12.36	05	Paul Blassuci	2:03.91	97
Amanda Curley	2:12.39	04	Phil Kang	2:04.04	09

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GIRLS- 200 INDIVIDUAL MEDLEY			BOYS - 200 INDIVIDUAL MEDLEY		
Stephanie Ferrell	2:05.13	09	Matt Navata	1:52.11	09
Kaitlin O'Brien	2:05.82	04	Jay Ashenfelter	1:56.73	03
Felicia Lee	2:06.45	05	Mark Arnold	1:59.30	95
Kelly Hecking	2:08.32	97	Andrew Kyrejko	1:59.86	02
Kate O'Leary	2:08.96	09	Phil Kang	1:59.98	09
Laura Fabiano	2:09.26	01	Daniel Fletcher	2:00.37	06
Alison Heider	2:09.82	94	Paulo Madeira	2:01.42	95
Lauren English	2:10.31	04	Carl D'Amore	2:02.26	99
Ellie Huelbig	2:10.91	09	Joseph Tseng	2:02.96	04
Lisa Dolansky	2:11.51	98	David Wynne	2:03.60	97

GIRLS- 400 INDIVIDUAL MEDLEY			BOYS - 400 INDIVIDUAL MEDLEY		
Kaitlin O'Brien	4:20.18	04	Matt Navata	4:02.33	09
Stephanie Ferrell	4:26.50	09	Jay Ashenfelter	4:06.77	02
Felicia Lee	4:33.10	05	Andrew Kyrejko	4:11.90	02
Laura Fabiano	4:33.55	02	Paulo Madeira	4:17.72	95
Kate O'Leary	4:33.94	09	Peter Park	4:18.39	02
Ellie Huelbig	4:35.37	09	Phil Kang	4:19.34	09
Jenna Sakolsky	4:36.90	99	David Wynne	4:19.60	97
Jackie Feintheil	4:37.67	99	Andrew Ziccardi	4:21.54	98
Alison Heider	4:38.66	94	Andrew Jung	4:22.60	09
Lauren English	4:39.10	04	<i>Daniel Fletcher</i>	<i>4:22.61</i>	<i>05</i>

A total of 48 new entries posted this season!!

Revised 05/13/09

Bold times = achieved during 2008-09 season