

Montclair YMCA
JPSIEGELNJ@AOL.COM

RECORDS Long Course Records

LC Meters-Female

| | | | | | | |
|------------------|------------------|----------|------------------|------------------|---|--|
| 10 & U | 50 Free | 30.96 | 6-Aug-03 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Long Course Meet | |
| | 100 Free | 1:06.41 | 6-Aug-03 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Long Course Meet | |
| | 200 Free | 2:21.51 | 6-Aug-03 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Long Course Meet | |
| | 400 Free | 4:58.51 | 25-Jul-03 | MYM NJ | Stephanie M. Ferrell at 2003 New Jersey Junior Olympics | |
| | 50 Back | 35.41 | 10-Jan-03 | MYM NJ | Felicia F. Lee at Burgdorff Invitational | |
| | 100 Back | 1:13.80 | 2-May-03 | MYM NJ | Felicia F. Lee at MD Carol Chidester Invite | |
| | 50 Breast | 37.83 | 6-Aug-03 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Long Course Meet | |
| | 100 Breast | 1:21.04 | 6-Aug-03 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Long Course Meet | |
| | 50 Fly | 33.55 | 10-Jan-03 | MYM NJ | Felicia F. Lee at Burgdorff Invitational | |
| | 100 Fly | 1:13.89 | 10-Jan-03 | MYM NJ | Felicia F. Lee at Burgdorff Invitational | |
| | 200 IM | 2:41.21 | 6-Aug-03 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Long Course Meet | |
| | 200 Free Relay | 2:16.16 | 25-Jul-03 | MYM NJ | S. Ferrell, H. Romano, K. Milligan, C. Patracuolla | |
| | 400 Free Relay | 5:19.32 | 1-Sep-00 | MYM NJ | K. Teresak C. Swierkocki N. Patracuolla C. Bianco | |
| | 200 Medley Relay | 2:34.43 | 1-Sep-02 | MYM NJ | F. Lee C. Patracuolla T. Teresak K. Courter | |
| | 400 Medley Relay | 5:54.04 | 1-Sep-02 | MYM NJ | F. Lee C. Patracuolla T. Teresak K. Courter | |
| | 11-12 | 50 Free | 28.35 | 28-Jul-03 | MYM NJ | Natasha D. Moodie at 2003 YMCA National Long Course Championship |
| | | 100 Free | 1:01.21 | 14-Jan-05 | MYM NJ | Felicia F. Lee at Burgdorff Invitational 2005 |
| 200 Free | | 2:11.68 | 14-Jan-05 | MYM NJ | Felicia F. Lee at Burgdorff Invitational 2005 | |
| 400 Free | | 4:44.50 | 25-Jun-04 | MYM NJ | Felicia F. Lee at SUMMER SIZZLE 2004 | |
| 800 Free | | 10:19.47 | 7-Jul-11 | MYM NJ | Hannah R. O'Halloran at HAC SUMMER FUN MEET | |
| 1500 Free | | 20:43.50 | 1-Sep-02 | MYM NJ | K. Teresak | |
| 50 Back | | 31.20 | 11-Aug-04 | MYM NJ | Felicia F. Lee at Eastern Zone Age Group Long Co | |
| 100 Back | | 1:06.70 | 14-Jan-05 | MYM NJ | Felicia F. Lee at Burgdorff Invitational 2005 | |
| 200 Back | | 2:22.86 | 14-Jan-05 | MYM NJ | Felicia F. Lee at Burgdorff Invitational 2005 | |
| 50 Breast | | 34.31 | 10-Aug-05 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Age Group Long Course Champs | |
| 100 Breast | | 1:15.62 | 11-Aug-04 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Age Group Long Co | |
| 200 Breast | | 2:45.46 | 10-Aug-05 | MYM NJ | Stephanie M. Ferrell at Eastern Zone Age Group Long Course Champs | |
| 50 Fly | | 30.85 | 30-Jul-04 | MYM NJ | Felicia F. Lee at Junior Olympics | |
| 100 Fly | | 1:07.84 | 11-Aug-04 | MYM NJ | Felicia F. Lee at Eastern Zone Age Group Long Co | |
| 200 Fly | | 2:33.58 | 30-Jul-04 | MYM NJ | Felicia F. Lee at Junior Olympics | |
| 200 IM | | 2:26.46 | 14-Jan-05 | MYM NJ | Felicia F. Lee at Burgdorff Invitational 2005 | |
| 400 IM | | 5:08.58 | 14-Jan-05 | MYM NJ | Felicia F. Lee at Burgdorff Invitational 2005 | |
| 200 Free Relay | | 1:59.03 | 24-Jun-11 | MYM NJ | E. O'Halloran, N. Santa Cruz, K. Ianiro, H. O'Halloran | |
| 400 Free Relay | | 4:40.43 | 1-Sep-97 | MYM NJ | S. Donovan R. McNeel L. Sytnyk L. Fabiano | |
| 200 Medley Relay | | 2:15.78 | 1-Sep-03 | MYM NJ | F. Lee C. Fuhro N. Moodie C. Boomer | |
| 400 Medley Relay | | 5:14.53 | 12-Jul-03 | MYM NJ | M. Jurewicz C. Fuhro N. Moodie C. Boomer | |
| 13-14 | | 50 Free | 27.38 | 10-Aug-05 | MYM NJ | Felicia F. Lee at Eastern Zone Age Group Long Course Champs |
| | | 100 Free | 1:00.22 | 10-Aug-05 | MYM NJ | Felicia F. Lee at Eastern Zone Age Group Long Course Champs |
| | 200 Free | 2:11.19 | 9-Jul-05 | MYM NJ | Felicia F. Lee at July Jubilee 2005 | |
| | 400 Free | 4:39.82 | 22-Jun-07 | MYM NJ | Stephanie M. Ferrell at Summer Sizzle | |
| | 800 Free | 9:40.85 | 1-Sep-98 | MYM NJ | L. Fabiano | |
| | 1500 Free | 18:21.85 | 1-Sep-98 | MYM NJ | L. Fabiano | |
| | 50 Back | 30.19 | 28-Jul-03 | MYM NJ | Lauren English at 2003 YMCA National Long Course Championship | |
| | 100 Back | 1:04.54 | 28-Jul-03 | MYM NJ | Lauren English at 2003 YMCA National Long Course Championship | |
| | 200 Back | 2:19.47 | 28-Jul-03 | MYM NJ | Lauren English at 2003 YMCA National Long Course Championship | |
| | 50 Breast | 34.17 | 1-Aug-06 | MYM NJ | Stephanie M. Ferrell at 2006 YMCA National Long Course Championship | |
| | 100 Breast | 1:14.71 | 6-Aug-07 | MYM NJ | Stephanie M. Ferrell at 2007 Speedo Junior National Championships | |

Montclair YMCA
JPSIEGELNJ@AOL.COM

RECORDS Long Course Records

| | | | | | |
|------------------|------------------|------------------|------------------|---|---|
| 13-14 | 200 Breast | 2:39.36 | 22-Jun-07 | MYM NJ | Stephanie M. Ferrell at Summer Sizzle |
| | 50 Fly | 30.21 | 3-Jun-05 | MYM NJ | Felicia F. Lee at NJ Long Course Cup |
| | 100 Fly | 1:02.48 | 26-Jul-05 | MYM NJ | Felicia F. Lee at 2005 YMCA National Long Course Championship |
| | 200 Fly | 2:19.40 | 10-Aug-05 | MYM NJ | Felicia F. Lee at Eastern Zone Age Group Long Course Champs |
| | 200 IM | 2:23.80 | 26-Jul-05 | MYM NJ | Felicia F. Lee at 2005 YMCA National Long Course Championship |
| | 400 IM | 5:06.93 | 10-Aug-05 | MYM NJ | Felicia F. Lee at Eastern Zone Age Group Long Course Champs |
| | 200 Free Relay | 1:57.70 | 1-Sep-99 | MYM NJ | J. Pangilinan L. Fabiano H. Ang K. Haigney |
| | 400 Free Relay | 4:16.69 | 1-Sep-99 | MYM NJ | K. Haigney H. Ang L. Petsoff L. Fabiano |
| | 800 Free Relay | 9:41.25 | 28-Jul-11 | MYM NJ | A. Espinosa-Dice, T. Collins, M. Collins, K. Ianiro |
| | 200 Medley Relay | 2:11.00 | 1-Sep-99 | MYM NJ | H. Ang J. Pangilinan L. Fabiano K. Haigney |
| 400 Medley Relay | 4:54.98 | 28-Jul-11 | MYM NJ | C. Munro, T. Collins, K. Ianiro, A. Espinosa-Dice | |
| 15-18 | 50 Free | 27.25 | 27-Jul-04 | MYM NJ | Lauren English at 2004 YMCA National Long Course Championship |
| | 100 Free | 59.57 | 27-Jul-04 | MYM NJ | Lauren English at 2004 YMCA National Long Course Championship |
| | 200 Free | 2:09.98 | 27-Jun-03 | MYM NJ | Kaitlin O'Brien at Summer Sizzle |
| | 400 Free | 4:31.31 | 27-Jul-04 | MYM NJ | Kaitlin O'Brien at 2004 YMCA National Long Course Championship |
| | 800 Free | 9:22.15 | 27-Jun-03 | MYM NJ | Kaitlin O'Brien at Summer Sizzle |
| | 1500 Free | 17:47.71 | 27-Jul-04 | MYM NJ | Kaitlin O'Brien at 2004 YMCA National Long Course Championship |
| | 50 Back | 29.32 | 27-Jul-04 | MYM NJ | Lauren English at 2004 YMCA National Long Course Championship |
| | 100 Back | 1:03.02 | 27-Jul-04 | MYM NJ | Lauren English at 2004 YMCA National Long Course Championship |
| | 200 Back | 2:19.68 | 29-May-04 | MYM NJ | Lauren English at Memorial Day Invitational |
| | 50 Breast | 34.69 | 27-Jul-04 | MYM NJ | Brie Von Rosendahl at 2004 YMCA National Long Course Championship |
| | 100 Breast | 1:13.06 | 28-Jul-11 | MYM NJ | Stephanie M. Ferrell at NJS/SAC LC JO's 2011 |
| | 200 Breast | 2:42.02 | 26-Jun-09 | MYM NJ | Stephanie M. Ferrell at SUMMER SIZZLE |
| | 50 Fly | 30.00 | 28-Jul-03 | MYM NJ | Laura A. Fabiano at 2003 YMCA National Long Course Championship |
| | 100 Fly | 1:06.41 | 27-Jul-09 | MYM NJ | Katherine H. O'Leary at 2009 YMCA National Long Course Championship |
| | 200 Fly | 2:29.36 | 1-Sep-00 | MYM NJ | J. Feintheil |
| | 200 IM | 2:23.49 | 28-Jul-11 | MYM NJ | Stephanie M. Ferrell at NJS/SAC LC JO's 2011 |
| | 400 IM | 5:00.99 | 27-Jul-04 | MYM NJ | Kaitlin O'Brien at 2004 YMCA National Long Course Championship |
| | 200 Free Relay | 1:52.64 | 1-Sep-02 | MYM NJ | J. Lennon S. Knox B. Vonrosendahl B Rosche |
| | 400 Free Relay | 4:10.25 | 1-Sep-01 | MYM NJ | J. Feintheil L. Fabiano H. Ang J. Lennon |
| | 800 Free Relay | 8:51.01 | 27-Jul-04 | MYM NJ | J. Connell L. English D. Milley K. O'Brien |
| 200 Medley Relay | 2:05.71 | 1-Sep-99 | MYM NJ | L. Dolansky S. Langan S. Knox L. Ashenfelter | |
| 400 Medley Relay | 4:41.79 | 1-Sep-01 | MYM NJ | L. Fabiano S. Knox J. Feintheil J. Lennon | |
| Open | 50 Free | 27.25 | 27-Jul-04 | MYM NJ | Lauren English at 2004 YMCA National Long Course Championship |
| | 100 Free | 59.41 | 1-Sep-00 | MYM NJ | L. Dolansky |
| | 200 Free | 2:09.98 | 27-Jun-03 | MYM NJ | Kaitlin O'Brien at Summer Sizzle |
| | 400 Free | 4:31.31 | 27-Jul-04 | MYM NJ | Kaitlin O'Brien at 2004 YMCA National Long Course Championship |
| | 800 Free | 9:22.15 | 27-Jun-03 | MYM NJ | Kaitlin O'Brien at Summer Sizzle |
| | 1500 Free | 17:47.71 | 27-Jul-04 | MYM NJ | Kaitlin O'Brien at 2004 YMCA National Long Course Championship |
| | 50 Back | 29.32 | 27-Jul-04 | MYM NJ | Lauren English at 2004 YMCA National Long Course Championship |
| | 100 Back | 1:03.02 | 27-Jul-04 | MYM NJ | Lauren English at 2004 YMCA National Long Course Championship |
| | 200 Back | 2:19.47 | 28-Jul-03 | MYM NJ | Lauren English at 2003 YMCA National Long Course Championship |
| | 50 Breast | 34.17 | 1-Aug-06 | MYM NJ | Stephanie M. Ferrell at 2006 YMCA National Long Course Championship |
| | 100 Breast | 1:13.06 | 28-Jul-11 | MYM NJ | Stephanie M. Ferrell at NJS/SAC LC JO's 2011 |
| | 200 Breast | 2:39.36 | 22-Jun-07 | MYM NJ | Stephanie M. Ferrell at Summer Sizzle |
| | 50 Fly | 30.00 | 28-Jul-03 | MYM NJ | Laura A. Fabiano at 2003 YMCA National Long Course Championship |
| | 100 Fly | 1:02.48 | 26-Jul-05 | MYM NJ | Felicia F. Lee at 2005 YMCA National Long Course Championship |
| | 200 Fly | 2:19.40 | 10-Aug-05 | MYM NJ | Felicia F. Lee at Eastern Zone Age Group Long Course Champs |
| | 200 IM | 2:23.49 | 28-Jul-11 | MYM NJ | Stephanie M. Ferrell at NJS/SAC LC JO's 2011 |
| | 400 IM | 5:00.99 | 27-Jul-04 | MYM NJ | Kaitlin O'Brien at 2004 YMCA National Long Course Championship |

Montclair YMCA
JPSIEGELNJ@AOL.COM

RECORDS Long Course Records

| | | | | | |
|------|------------------|---------|------------------|--------|--|
| Open | 200 Free Relay | 1:52.19 | 26-Jul-05 | MYM NJ | F. Lee, C. Richman, N. Moodie, K. O'Leary |
| | 400 Free Relay | 4:03.69 | 27-Jul-04 | MYM NJ | L. English, N. Moodie, D. Milley, K. O'Brien |
| | 800 Free Relay | 8:51.01 | 27-Jul-04 | MYM NJ | J. Connell, L. English, D. Milley, K. O'Brien |
| | 200 Medley Relay | 2:01.96 | 27-Jul-04 | MYM NJ | L. English, C. Fuhro, B. Von Rosendahl, N. Moodie |
| | 400 Medley Relay | 4:26.65 | 27-Jul-04 | MYM NJ | L. English, C. Fuhro, B. Von Rosendahl, K. O'Brien |

Montclair YMCA
JPSIEGELNJ@AOL.COM

RECORDS Long Course Records

LC Meters-Male

| | | | | | |
|------------------|------------------|----------|------------------|------------------|--|
| 10 & U | 50 Free | 30.87 | 1-Sep-96 | MYM NJ | J. Fowler |
| | 100 Free | 1:09.21 | 1-Sep-00 | MYM NJ | P. Park |
| | 200 Free | 2:20.25 | 1-Sep-00 | MYM NJ | P. Park |
| | 400 Free | 4:59.40 | 1-Sep-00 | MYM NJ | P. Park |
| | 50 Back | 37.34 | 30-Jul-04 | MYM NJ | Andrew R. Jung at Junior Olympics |
| | 100 Back | 1:19.13 | 1-Sep-00 | MYM NJ | P. Park |
| | 50 Breast | 40.15 | 1-Sep-96 | MYM NJ | J. Fowler |
| | 100 Breast | 1:26.37 | 1-Sep-96 | MYM NJ | J. Fowler |
| | 50 Fly | 33.43 | 1-Sep-00 | MYM NJ | P. Park |
| | 100 Fly | 1:10.81 | 1-Sep-00 | MYM NJ | P. Park |
| | 200 IM | 2:41.98 | 1-Sep-00 | MYM NJ | P. Park |
| | 200 Free Relay | 2:20.66 | 30-Jul-04 | MYM NJ | T. Wolinski, S. Connell, P. Park, A. Jung |
| | 400 Free Relay | 6:36.58 | 1-Sep-03 | MYM NJ | A. Jung L. Patierno T. Patierno T. Wolinski |
| | 200 Medley Relay | 2:47.22 | 29-Jul-05 | MYM NJ | K. VanWinden, L. Amodio, P. Kang, D. Walpole |
| | 400 Medley Relay | 6:42.95 | 1-Sep-03 | MYM NJ | L. Patierno T. Wolinski A. Jung S. Connell |
| | 11-12 | 50 Free | 26.36 | 12-Aug-09 | MYM NJ |
| 100 Free | | 58.80 | 26-Jun-09 | MYM NJ | William S. Zaubler at SUMMER SIZZLE |
| 200 Free | | 2:06.01 | 1-Sep-02 | MYM NJ | P. Park |
| 400 Free | | 4:21.69 | 1-Sep-02 | MYM NJ | P. Park |
| 800 Free | | 9:08.17 | 1-Sep-02 | MYM NJ | P. Park |
| 1500 Free | | 17:23.15 | 1-Sep-02 | MYM NJ | P. Park |
| 50 Back | | 32.16 | 11-Jan-08 | MYM NJ | Philip Kang at Burgdorff Invitational 2008 |
| 100 Back | | 1:07.89 | 11-Jan-08 | MYM NJ | Philip Kang at Burgdorff Invitational 2008 |
| 200 Back | | 2:27.45 | 8-Aug-07 | MYM NJ | Phillip Kang at Eastern Zone Age Group Long Course Champs |
| 50 Breast | | 35.57 | 1-Sep-98 | MYM NJ | J. Fowler |
| 100 Breast | | 1:18.85 | 11-Jan-08 | MYM NJ | Philip Kang at Burgdorff Invitational 2008 |
| 200 Breast | | 2:47.17 | 1-Sep-02 | MYM NJ | P. Park |
| 50 Fly | | 29.07 | 1-Sep-02 | MYM NJ | P. Park |
| 100 Fly | | 1:03.65 | 1-Sep-02 | MYM NJ | P. Park |
| 200 Fly | | 2:17.39 | 1-Sep-02 | MYM NJ | P. Park |
| 200 IM | | 2:22.39 | 1-Sep-02 | MYM NJ | P. Park |
| 400 IM | | 5:01.36 | 1-Sep-02 | MYM NJ | P. Park |
| 200 Free Relay | | 1:59.56 | 12-Jun-09 | MYM NJ | W. Zaubler, P. Jones, S. Groisser, N. Santa Cruz |
| 400 Free Relay | | 4:51.03 | 1-Sep-03 | MYM NJ | P. Gurniak C. Homa F. Patierno B. Maykow |
| 200 Medley Relay | | 2:14.01 | 1-Sep-02 | MYM NJ | M. Kim P. Oh P. Park B. Federak |
| 400 Medley Relay | | 5:17.09 | 6-Jun-08 | MYM NJ | J. Chow, M. Peknay, J. Sembrano, P. Jones |
| 13-14 | | 50 Free | 25.56 | 11-Aug-04 | MYM NJ |
| | 100 Free | 56.23 | 1-Aug-06 | MYM NJ | Matt L. Navata at 2006 YMCA National Long Course Championship |
| | 200 Free | 2:02.32 | 1-Sep-02 | MYM NJ | A. Kyrejko |
| | 400 Free | 4:16.34 | 28-Jul-03 | MYM NJ | Peter Park at 2003 YMCA National Long Course Championship |
| | 800 Free | 8:49.31 | 28-Jul-03 | MYM NJ | Peter Park at 2003 YMCA National Long Course Championship |
| | 1500 Free | 16:48.28 | 28-Jul-03 | MYM NJ | Peter Park at 2003 YMCA National Long Course Championship |
| | 50 Back | 30.22 | 29-Jul-08 | MYM NJ | Andrew R. Jung at 2008 YMCA National Long Course Championship |
| | 100 Back | 1:03.34 | 27-Jul-09 | MYM NJ | Philip Kang at 2009 YMCA National Long Course Championship |
| | 200 Back | 2:14.46 | 6-Aug-09 | MYM NJ | Philip Kang at 2009 Speedo Champions Series |
| | 50 Breast | 33.75 | 27-Jul-09 | MYM NJ | Logan W. Amodio at 2009 YMCA National Long Course Championship |
| | 100 Breast | 1:12.47 | 1-Sep-98 | MYM NJ | M. Hartke |

Montclair YMCA
JPSIEGELNJ@AOL.COM

RECORDS Long Course Records

| | | | | | |
|------------------|------------------|------------------|------------------|---|---|
| 13-14 | 200 Breast | 2:37.08 | 23-Jun-06 | MYM NJ | Matt L. Navata at SUMMER SIZZLE |
| | 50 Fly | 27.52 | 12-Jun-04 | MYM NJ | Kevin Jung at NJ Long Course Cup |
| | 100 Fly | 1:00.21 | 29-Jul-08 | MYM NJ | Andrew R. Jung at 2008 YMCA National Long Course Championship |
| | 200 Fly | 2:09.86 | 1-Aug-06 | MYM NJ | Matt L. Navata at 2006 YMCA National Long Course Championship |
| | 200 IM | 2:15.77 | 8-Jul-06 | UNMYM NJ | Matt L. Navata at PSC July Jubilee LC Meet |
| | 400 IM | 4:46.04 | 1-Aug-06 | MYM NJ | Matt L. Navata at 2006 YMCA National Long Course Championship |
| | 200 Free Relay | 1:52.77 | 3-Jun-05 | MYM NJ | P. Gurniak, M. Lazzara, P. Ianiro, A. Richman |
| | 400 Free Relay | 4:09.28 | 29-Jul-05 | MYM NJ | A. Richman, F. Patierno, C. Homa, P. Gurniak |
| | 800 Free Relay | 9:31.99 | 28-Jul-11 | MYM NJ | N.Santa Cruz,S.Severson, P. Jones,K. Huaman |
| | 200 Medley Relay | 2:13.07 | 1-Sep-99 | MYM NJ | K. Duffy D. Kyrejko J. Ashenfelter A. Ahmed |
| 400 Medley Relay | 4:33.60 | 29-Jul-05 | MYM NJ | M. Lazzara, F. Patierno, A. Richman, P. Gurniak | |
| 15-18 | 50 Free | 24.45 | 1-Sep-97 | MYM NJ | R. Hodgson |
| | 100 Free | 53.79 | 25-Jul-11 | MYM NJ | Tommy J. Wolinski at 2011 YMCA National Long Course Championship |
| | 200 Free | 1:58.88 | 25-Jul-11 | MYM NJ | Tommy J. Wolinski at 2011 YMCA National Long Course Championship |
| | 400 Free | 4:12.71 | 22-Jun-07 | MYM NJ | Matt L. Navata at Summer Sizzle |
| | 800 Free | 9:02.02 | 1-Sep-02 | MYM NJ | J. Ashenfelter |
| | 1500 Free | 16:57.02 | 27-Jun-08 | MYM NJ | Matt L. Navata at SUMMER SIZZLE |
| | 50 Back | 29.07 | 26-Jul-05 | MYM NJ | Daniel T. Fletcher at 2005 YMCA National Long Course Championship |
| | 100 Back | 1:02.21 | 6-Aug-09 | MYM NJ | Andrew R. Jung at 2009 Speedo Champions Series |
| | 200 Back | 2:13.99 | 1-Sep-97 | MYM NJ | C. Feintheil |
| | 50 Breast | 32.41 | 31-Jul-07 | MYM NJ | PJ Tully at 2007 YMCA National Long Course Championship |
| | 100 Breast | 1:09.24 | 26-Jun-09 | MYM NJ | Matt L. Navata at SUMMER SIZZLE |
| | 200 Breast | 2:26.44 | 27-Jul-09 | MYM NJ | Matt L. Navata at 2009 YMCA National Long Course Championship |
| | 50 Fly | 26.56 | 1-Aug-06 | MYM NJ | Kevin Jung at 2006 YMCA National Long Course Championship |
| | 100 Fly | 58.35 | 26-Jun-09 | MYM NJ | Matt L. Navata at SUMMER SIZZLE |
| | 200 Fly | 2:05.60 | 29-Jul-08 | MYM NJ | Matt L. Navata at 2008 YMCA National Long Course Championship |
| | 200 IM | 2:08.79 | 27-Jul-09 | MYM NJ | Matt L. Navata at 2009 YMCA National Long Course Championship |
| | 400 IM | 4:32.29 | 27-Jul-09 | MYM NJ | Matt L. Navata at 2009 YMCA National Long Course Championship |
| | 200 Free Relay | 1:41.91 | 27-Jul-09 | MYM NJ | T. Marshall Jr., T. Wolinski, J. Yburan, M. Navatta |
| | 400 Free Relay | 3:46.48 | 27-Jul-09 | MYM NJ | T. Wolinski, J. Yburan, D. Hall-App, M. Navatta |
| | 800 Free Relay | 8:31.29 | 25-Jul-11 | MYM NJ | J. Lovey, J. Chow, K.Burnett, T. Wolinski |
| | 200 Medley Relay | 1:53.50 | 27-Jul-09 | MYM NJ | J. Ianiro, M. Navatta, A. Jung, T. Marshall Jr. |
| | 400 Medley Relay | 4:09.41 | 26-Jul-10 | MYM NJ | D. Hall-App, M. Navatta, A. Jung, T. Wolinski |
| Open | 50 Free | 24.45 | 1-Sep-97 | MYM NJ | R. Hodgson |
| | 100 Free | 52.69 | 6-Aug-09 | MYM NJ | Daniel T. Fletcher at 2009 Speedo Champions Series |
| | 200 Free | 1:56.65 | 6-Aug-09 | MYM NJ | Daniel T. Fletcher at 2009 Speedo Champions Series |
| | 400 Free | 4:12.71 | 22-Jun-07 | MYM NJ | Matt L. Navata at Summer Sizzle |
| | 800 Free | 8:49.31 | 28-Jul-03 | MYM NJ | Peter Park at 2003 YMCA National Long Course Championship |
| | 1500 Free | 16:48.28 | 28-Jul-03 | MYM NJ | Peter Park at 2003 YMCA National Long Course Championship |
| | 50 Back | 29.07 | 26-Jul-05 | MYM NJ | Daniel T. Fletcher at 2005 YMCA National Long Course Championship |
| | 100 Back | 59.55 | 6-Aug-09 | MYM NJ | Daniel T. Fletcher at 2009 Speedo Champions Series |
| | 200 Back | 2:10.98 | 24-Jul-08 | MYM NJ | Daniel T. Fletcher at 2008 LC Junior Olympics |
| | 50 Breast | 32.41 | 31-Jul-07 | MYM NJ | PJ Tully at 2007 YMCA National Long Course Championship |
| | 100 Breast | 1:09.24 | 26-Jun-09 | MYM NJ | Matt L. Navata at SUMMER SIZZLE |
| | 200 Breast | 2:26.44 | 27-Jul-09 | MYM NJ | Matt L. Navata at 2009 YMCA National Long Course Championship |
| | 50 Fly | 26.56 | 1-Aug-06 | MYM NJ | Kevin Jung at 2006 YMCA National Long Course Championship |
| | 100 Fly | 58.35 | 26-Jun-09 | MYM NJ | Matt L. Navata at SUMMER SIZZLE |
| | 200 Fly | 2:05.60 | 29-Jul-08 | MYM NJ | Matt L. Navata at 2008 YMCA National Long Course Championship |
| | 200 IM | 2:08.79 | 27-Jul-09 | MYM NJ | Matt L. Navata at 2009 YMCA National Long Course Championship |
| | 400 IM | 4:32.29 | 27-Jul-09 | MYM NJ | Matt L. Navata at 2009 YMCA National Long Course Championship |

Montclair YMCA
JPSIEGELNJ@AOL.COM

RECORDS Long Course Records

| | | | | | |
|------|------------------|---------|------------------|--------|---|
| Open | 200 Free Relay | 1:41.88 | 1-Sep-97 | MYM NJ | B. Hsu M. Kratson A. Ziccardi R. Hodgson |
| | 400 Free Relay | 3:45.12 | 1-Sep-97 | MYM NJ | M. Kratson B. Hsu C. D'Amore R. Hodgson |
| | 800 Free Relay | 8:15.65 | 28-Jul-03 | MYM NJ | P. Park, J. Ashenfelter, J. Lands, J. Tseng |
| | 200 Medley Relay | 1:53.50 | 27-Jul-09 | MYM NJ | J. Ianiro, M. Navata, A. Jung, T. Marshall Jr |
| | 400 Medley Relay | 4:05.64 | 6-Aug-09 | MYM NJ | A. Jung, P. Tully, P. Kang, D. Fletcher |