Hi Team,

The following is a list of reminders for you all.

- 1 Read the handbook if you have not already
- 2 If you are not on the e-mail list, e-mail <a href="mailto:ipsiegelnj@aol.com">ipsiegelnj@aol.com</a> with your name and request to be on the list.
- 3 At this point you should have made 2 payments for the team at the front desk
- 4 Parents meeting for all team members (not clinics) is Wednesday 10/24 at 7:15 PM in the gym
- 5 By this point, you should have handed a goal form, a health form and a code of conduct these can be found on the website's flyers and forms page
- 6 If you did not hand in a "blue info" form at tryout or at all, you need to e-mail Jon as soon as possible
- 7 If you are interested in becoming a swim official e-mail Eileen Huelbig at <a href="mailto:ewhuelbig@netscape.net">ewhuelbig@netscape.net</a> We need as many officials as we can get. You need a very basic understanding of the sport to make this happen.
- 8 There is a colorado timing system training a our Y on Wednesday November 7th at approximately 7:00 PM anyone interested in learning the system should come to that.
- 9 Get familiar with the web site particularly the news page and the meets and event section be able to check the dual meet schedules and the meet grid from that page
- 10. All clinic swimmers will be placed on a dual meet team so be aware of that
- 11. If you can not make a dual meet we expect that you e-mail Jon at <a href="mailto:jpsiegelnj@aol.com">jpsiegelnj@aol.com</a> by the Wednesday before the meet.
- 12. If a meet on the meet grid is marked autoenter you will be entered on the date posted unless you e-mail Jon at <a href="mailto:ipsiegelnj@aol.com">ipsiegelnj@aol.com</a> that you can not make it.
- 13. If a meet just has a date for the due date, it is not autoenter that means you must e-mail Jon at <a href="mailto:jpsiegelnj@aol.com">jpsiegelnj@aol.com</a> if you plan on going.
- 14. Friday 10/26 10/U party with "Dean the Magician" on the large pool balcony right after the 3:45-5:00 Practice. E-mail Jon if you plan on going so we have an approximate number of kids attending. First come, first served regarding "goodie bags"
- 15. On Sunday 10/28 BG and Ruben will be doing a Start and Turn clinic in place of your regular practice. If you need work on these things try to show up that day during your regular time.
- 16. Also on Sunday 10/28 is the relay carnival for all 11/O Athletes we will run a practice for about an hour and then do some fun relay events. 11/O's can do both their own practice that day for start and turns and then also do this night practice depending on your group.
- 17. There will only be 7-9 PM practice on Wednesday 10/31. There will be no Intro, Junior or Gold practices that day. If your group meets that day you can go to the similar time slot's practice on Tuesday and/or Thursday to make it up. If you are not sure what that practice group would be, email Jon

- 18. If you have any pictures from last season that you can print on photo paper and get to Joanne Bursae's family file it would be appreciated she is working on a new collage for the team.
- 19. Check the website OFTEN! & Always check the website the night before a meet in case anything has changed since last you looked.
- 20. Make sure we know well ahead of time if you can not attend a meet Once entries are posted also check that you were entered if you plan on going or that you are not going to go when you were entered. There are a lot of athletes on this team and sometimes it's hard to track the better all the families are at checking these things the happier the kids will be.

JON

## Jon Siegel

Senior Aquatics Director, Head Swim Coach Montclair YMCA Dolphins Swim Team Office: 973-415-6120

WWW.MONTCLAIRYMCASWIMMING.COM WWW.MONTCLAIRYMCA.ORG