

Dryland Schedule

Junior Prep

Monday – 7 to 7:45pm

Wednesday – 4:30 to 5:15pm

Junior Advanced

Tuesday – 5:45 to 6:30pm

Friday – 7:15 to 8:00pm

National Group

Monday and Wednesday – 7:45 to 8:30pm

Tuesday and Thursday – 4:45 to 5:15pm