

YWCA JR/SR Championship Sun Kissed Invitational Informational Packet

This packet contains everything you will need to be able to sign up to participate in the YWCA meet in Charlotte, North Carolina.

Please review all qualifying times and come to one of the sign up sessions prepared to sign up for ALL qualifying events plus ALL relays. If you do not swim a relay, the money will be credited to your swim parent's account.

Swimmers are only permitted to swim 6 individual events over the 4 day period. After the Psyche sheets are out, extra events will be scratched to give the swimmer the best possibility for each swim.

If you are planning to attend or even considering attending the meet in Charlotte, you must come to one of the two sign up sessions listed below:

Sign Up Dates:

Wednesday, January 20, 2010

Thursday, January 21, 2010

Time: 6:30-8:30 P.M.

Where: Pool Balcony

What to Bring: Check book (**with multiple checks** since swim fees and other costs are paid separately), this packet, and any questions.

Please be prepared to pay for all entries related to this meet and upcoming championship meets, as well as any outstanding balances due for your swimming parent's account, optional meals, optional shirts, and any outstanding charges. **If you need assistance picking events please see your primary coach.**

Save the Date: TBA – pizza & poster party for swimmers. There will also be a mandatory meeting for swimmers and parents. Time TBA

Sunkissed Championship Meet

Charlotte, North Carolina

March 25-28, 2010

It's time to make definite plans for our trip to Charlotte. As those who have attended this meet can surely attest, this is a super opportunity for all who qualify. The facility is state-of-the-art, the pool is fast, and this meet always proves to be a great team experience!

If you expect to attend this meet, or even think there is a "chance" that you might attend, it is important that you make your hotel reservations immediately by **contacting the Hotel directly** (see below and info on MYM website). The number of rooms blocked was based on last year's attendance. Booking early will enable the hotel to try to make more rooms available if necessary. This year we will again be staying at the Marriot Residence Inn Charlotte Uptown, located at 410 South Mint Street (across from Ericson Stadium). There are different room types available.

1. Hotel name: Marriott Residence Inn Uptown Charlotte
2. Group name: Montclair Swim Team
3. Group dates: check-in: Thursday, March 25, 2010
check out: Sunday, March 28, 2010

Please call the hotel directly at 704-340-4000 and mention that you are with the **Montclair YMCA Room Block**. If you need a cot you should reserve it at this time. **Rooms held for group reservation will be released so you need to reserve your room as quickly as possible.**

PLEASE NOTE THAT CHECK -IN IS 3:00P.M. If rooms are available we may check in earlier. Keep in mind that we will be having a team warm-up at approximately 3:00 P.M. on Thursday before the evening's events. A room will be made available to store luggage if you have not checked in before warm-up.

In the past some families have chosen to drive to the meet, to make their own flight plans, or make different arrangements for their accommodations. If you decide to do this we ask that you drop us a note to keep us informed so that we may keep track of the whole team.

Although the meet ends on Sunday, we encourage you to stay in Charlotte until Monday if at all possible. Finals are scheduled for late Sunday afternoon, and those qualifying **will be expected to swim**- if there is any chance you may qualify be sure to book a late flight for Sunday night. Also, after four days of fast swimming, the kids look forward to being able to relax and enjoy each other's company for a night before heading home. We are planning to have a Sunday night dinner at the hotel, it was a great time last year.

**MONTCLAIR YMCA DOLPHINS
 YWCA JUNIOR-SENIOR CHAMPIONSHIP
 SUN KISSED INVITATIONAL
 CHARLOTTE, NORTH CAROLINA
 MARCH 25-28, 2010**

Swimmer's name _____

Registration for the YWCA Championship Meet will be held on the pool balcony at the Montclair YMCA on the following dates:

**Wednesday, January 20, 2010
 Thursday, January 21, 2010**

All outstanding "**SWIMMING PARENTS**" meet entry fees must be **paid in full** before you may register for the YWCA Championship Meet. Please make your check(s) for meet entry fees payable to "**SWIMMING PARENTS**".

EVENT#	NAME OF EVENT	EVENT#	NAME OF EVENT
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Swimmer's Participation/Facility Fee: **\$ 15.00**

Total number of individual events listed above _____ X \$4.00 _____

Relays **4** X \$2.00 **\$ 8.00**

TOTAL _____

Please Note: as in prior years all swimmers must pay a meet participation and facilities fee in addition to entry fees for their specific events. Once entered these fees are non-refundable. All swimmers will also pay to enter all relays. If a swimmer is not placed in 1 or more relays the fees will be returned to their swimming parents account.

IF YOU NEED HELP PICKING EVENTS AND WANT JON TO CHOOSE: _____

Sunkissed 2010 Shirt/Meal Sign up

Swimmer's Name _____

T-Shirts

The MYM Parent's board will provide the swimmers with a t-shirt that is to be worn at the parade. Please let us know what **ADULT** shirt size to order:

_____AS _____AM _____AL _____AXL

Parent's Shirts

Parent's t-shirts will be available for \$15.00. Please indicate **ADULT** size and quantity:

_____AS _____AM _____AL _____AXL _____shirts @\$15.00 Total_____

Thursday Night Team Pizza Dinner and Meeting

This event is **mandatory** for all swimmers (one parent must also attend **meeting** portion) on Thursday night March . Pizza, salad, and drinks will be provided for the swimmers at no cost. (The cost for all others will be \$13.00)

Please indicate how many swimmers and other participants:

_____Swimmers _____Others @\$13.00/per person Total \$_____

Sunday Night Party

The hotel will provide a dinner party on Sunday night after the meet and awards ceremony is over. The cost will be \$17/person. Last year we had a great time.

Number attending_____@\$17/per person Total \$_____

PLEASE MAKE CHECKS OUT TO: Montclair YMCA Swim Team

Charlotte 2010 Things to Know

Daily Meet Schedule- To follow under separate cover

Mecklenburg Aquatic Center

- Parking lot on site is free- also street parking available for overflow (bring your quarters)
- Seating is bleacher style and very crowded- reserve seats if possible- generally by the team area (enter pool turn left-team sits in last section on the left)
- Food/glass bottles not permitted in pool area
- Swim vendor on site for meet
- Embroidery service on site for meet-first come first serve (good for names on jackets, towels or buddy gifts)
- Photographer on site for meet- sign up to reserve personal photos

Meet Attendance

- Everyone is expected to be in Charlotte for the duration of the meet unless there is special permission from Jon.
- All swimmers must make sure to check in with coaches upon arrival to aquatic center and warm up daily.
- All swimmers will warm up every morning and attend daily sessions even if they are not swimming.
- All swimmers are expected to attend finals in the evening and support those swimming finals and consolations.

Meals

- It is a good idea to make lunch your big meal of the day- it is generally pretty late after finals.
- Team meals: Thursday is mandatory for all swimmers- info to follow.
Sunday is optional but lots of fun- info to follow.

Hotel

- On site parking is available for a daily fee (added to your room bill)
- Exercise equipment on site
- Laundry on site- bring your quarters
- Restaurant is good for dinner but very slow at lunch time- use it if you have a lot of time
- Kitchen – some rooms have stove top and oven/ some have only stove top- it's the luck of the draw. All have a full refrigerator, DW, micro, and plenty of room to eat in (you may want extra paper plates)

- Shuttle is available through the front desk and will drop off/pick up from meet, downtown restaurants, and near by food store. Tips are not mandatory but are greatly appreciated
- Convenience store in lobby
- Complimentary breakfast is very extensive

Downtown

- Plenty of restaurants are walking distance from the pool or the hotel as well as a CVS Drug Store and a Harris Teeter Food Market.
- Bring sunblock
- Bring your **allergy medicine**- they are several weeks ahead season wise
- Bring quarters to park on street if pool lot if full (rarely)

Drugstores

There is a CVS walking/shuttle distance as well as CVS/ Eckerd on South Blvd. (see hotel front desk for directions)

Food store

There is a small Harris Teeter walking/shuttle distance and a large Harris Teeter you may drive to (too far for shuttle)- it is in the Dillsworth section- see front desk at hotel for directions

Other shopping and upscale stores- Dillsworth section (also see front desk for directions)

Buddies

Everyone will be matched with a buddy for the week of the meet (distributed at last home meeting). Someone who has previously attended will be paired with someone who is new to help them get acclimated. You can cheer for your buddy, offer to lap count for them, answer any questions etc. Buddies usually exchange a gift at the meet (girls make a bigger deal of this than boys and may even exchange gifts daily)

Family Activities

For those bringing younger children who are not participating in the meet there are plenty of thing to do while in Charlotte (see front desk at Hotel for info and directions)

Examples:

Discovery Place science center and IMAX

Trolley Ride through Dillsworth section

Mint Museum

Art Museum