

2012 National YMCA Short Course Swimming and Diving Championships Meet Qualifying Time Standards

April 2-5, 2012

* not changed

WOMEN				MEN		
50 Meter Course	25 Meter Course	25 Yard Course	EVENT	25 Yard Course	25 Meter Course	50 Meter Course
:28.39	:27.89	:24.99	50 Free	:22.39	:24.98	:25.73
1:01.35	1:00.25	:53.99	100 Free	:48.79	:54.45	:56.08
2:11.28	2:09.67	1:56.19	200 Free	1:46.29	1:58.62	2:01.47
4:37.66	4:32.08	5:10.99	500 Free	4:47.99	4:11.95	4:20.62
9:22.96	9:12.04	10:30.99	1000Y/800M Free	9:51.99	8:37.92	8:50.45
17:56.52	17:31.83	17:34.99	1650Y/1500M Free *	16:35.19	16:32.21	17:00.70
1:08.01	1:07.17	1:00.19	100 Back	:55.19	1:01.59	1:03.43
2:26.31	2:24.52	2:09.49	200 Back	1:58.69	2:12.46	2:16.42
1:19.29	1:16.99	1:08.99	100 Breast	1:01.99	1:09.18	1:11.66
2:49.30	2:46.28	2:28.99	200 Breast	2:15.49	2:31.21	2:36.63
1:06.95	1:06.50	:59.59	100 Fly	:53.99	1:00.25	1:01.00
2:29.08	2:28.09	2:12.69	200 Fly	2:01.19	2:15.25	2:17.71
2:29.87	2:27.19	2:11.89	200 IM *	1:59.69	2:13.58	2:18.36
5:15.24	5:11.37	4:38.99	400 IM	4:17.99	4:47.93	4:56.54
1:54.76	1:52.71	1:40.99	200 Fr Rel	1:30.59	1:41.10	1:44.12
4:07.71	4:03.29	3:37.99	400 Fr Rel	3:16.99	3:39.85	3:46.42
8:49.93	8:43.42	7:48.99	800 Fr Rel	7:09.99	7:59.89	8:11.41
2:08.13	2:05.99	1:52.89	200 Med Rel	1:41.59	1:53.38	1:56.36
4:36.49	4:31.86	4:03.59	400 Med Rel	3:39.99	4:05.52	4:11.99

Qualifying Period for the Short Course YMCA National Championship Meet:
qualifying period March 1 of the previous season to the entry date for the meet

Meters to Yards conversions per 2006 NCAA Swimming & Diving Rule Book.

2011 National YMCA Short Course Swimming and Diving Championships
Time Trial Qualifying Time Standards
YMCA National Short Course Swimming Championships
April 5 - 8, 2011

Women				Men		
LCM	SCM	SCY	Event	SCY	SCM	LCM
:31.48	:30.92	:27.70	50 Free	:24.73	:27.61	:28.43
1:08.23	1:07.01	1:00.04	100 Free	:54.10	1:00.38	1:02.19
2:25.78	2:23.99	2:09.01	200 Free	1:57.35	2:10.98	2:14.12
4:53.38	4:47.78	5:26.79	500 Free	5:05.29	4:28.97	4:37.70
9:57.07	9:46.07	11:05.59	1000Y/800MFree	10:29.29	9:14.31	9:26.99
18:33.45	18:08.61	18:11.79	1650 Free	17:05.19	17:02.21	17:30.70
1:16.05	1:15.12	1:07.30	100 Back	1:01.47	1:08.61	1:10.66
2:43.93	2:41.91	2:25.07	200 Back	2:12.31	2:27.67	2:32.09
1:27.98	1:25.43	1:16.54	100 Breast	1:09.06	1:17.08	1:19.84
3:07.73	3:04.38	2:45.20	200 Breast	2:31.01	2:48.54	2:54.58
1:14.51	1:14.01	1:06.31	100 Fly	:59.60	1:06.52	1:07.35
2:45.60	2:44.49	2:27.38	200 Fly	2:14.18	2:29.76	2:32.48
2:46.23	2:43.26	2:26.28	200 IM	2:11.65	2:26.94	2:32.20
5:49.31	5:45.39	5:10.84	400 IM	4:49.99	5:20.16	5:28.83
2:07.48	2:05.21	2:11.99	200 Fr Rel	1:40.08	1:51.70	1:55.04
4:35.48	4:30.56	4:02.42	400 Fr Rel	3:38.66	4:04.05	4:11.34
9:53.11	9:45.83	8:44.90	800 Fr Rel	7:56.94	8:52.30	9:05.08
2:21.82	2:19.45	2:04.94	200 Med Rel	1:52.07	2:05.08	2:08.38
5:06.51	5:01.38	4:30.03	400 Med Rel	4:39.58	4:32.40	4:39.58
:34.59	:33.40	:29.93	50 Back	:27.58	:30.78	:32.39
:38.39	:36.81	:32.99	50 Breast	:30.66	:34.21	:36.29
:32.39	:31.77	:28.47	50 Fly	:25.94	:28.95	:29.89

Time trials time standards are 10% over the meet qualifying time standard for each event.
400 IM and 500 Free are 15 seconds slower than Short Course qualifying times
1000 Free and 1650 Free are 30 seconds slower than Short Course Qualifying times
50 stroke events have the same qualifying times as last year

2006 NCAA Rule book

SCM-SCY	400-500 Free	1.143
SCM-SCY	1500-1650 Free	1.003
SCM-SCY	All others	0.896

Girls		Boys	
LCM-SCY		LCM-SCY	
0.880	50 Free	0.870	
0.880	100 Free	0.870	
0.885	200 Free	0.875	
1.120	400-500 Free	1.105	
1.121	800-1000 free	1.116	
0.980	1500-1650 Free	0.975	
0.885	100 Back	0.870	
0.885	200 Back	0.870	
0.870	100 Breast	0.865	
0.880	200 Breast	0.865	
0.890	100 Fly	0.885	
0.890	200 Fly	0.880	
0.880	200 IM	0.865	
0.885	400 IM	0.870	
0.880	200 Free Relay	0.870	
0.880	400 Free Relay	0.870	
0.885	800 Free Relay	0.875	
0.881	200 Medley Relay	0.873	
0.881	400 Medley Relay	0.873	