

**Montclair YMCA**  
**JPSIEGELNJ@AOL.COM**

**Individual Meet Results**

**2011 YMCA Nationals Short Course 05-Apr-11 to 08-Apr-11 Yards**  
**Location: Fort Lauderdale Aquatic Complex**

Time	F/P/S	Event	Place	Points	Improv
<b>Logan Amodio (16) M</b>					
2:18.75Y	P # 204	SW Male Open 200 Breast	138	---	1.51
	31.07 35.19 36.53 35.96				
57.57Y	T # 222	SW Male Open 100 Fly	92	---	-0.04
	26.94 30.63				
4:33.32Y	T # 322	SW Male Open 400 IM	39	---	-4.86
	28.54 33.35 35.95 34.99 38.06 38.71		32.51 31.21		
1:04.20Y	T # 424	SW Male Open 100 Breast	38	---	0.31
	29.91 34.29				
<b>Jovany Avendano (17) M (11)</b>					
52.60Y	P # 102	SW Male Open 100 Back	39	---	0.13
	25.50 27.10				
22.05Y	P # 108	SW Male Open 50 Free	67	---	0.12
54.38Y	T # 222	SW Male Open 100 Fly	27	---	0.62
	25.18 29.20				
47.93Y DQ	P # 304	SW Male Open 100 Free	---	---	---
	23.00 24.93				
1:53.86Y	P # 306	SW Male Open 200 Back	37	---	-0.98
	26.38 27.99 29.13 30.36				
21.93Y	T # 428	Male Open 50 Free	4	---	---
<b>Nitay Caspi (15) M</b>					
2:15.84Y	P # 204	SW Male Open 200 Breast	109	---	-0.64
	30.27 33.60 35.47 36.50				
56.14Y	T # 222	SW Male Open 100 Fly	69	---	-0.28
	26.47 29.67				
50.52Y	T # 324	SW Male Open 100 Free	88	---	-0.88
	24.41 26.11				
1:03.23Y	T # 424	SW Male Open 100 Breast	20	---	0.08
	30.29 32.94				
<b>Katie Cullinan (16) F</b>					
25.73Y	P # 107	SW Female Open 50 Free	237	---	0.67
1:02.68Y	T # 221	SW Female Open 100 Fly	103	---	0.38
	28.93 33.75				
55.62Y	T # 323	SW Female Open 100 Free	82	---	0.76
	26.50 29.12				
1:12.37Y	P # 405	SW Female Open 100 Breast	161	---	3.47
	33.62 38.75				
25.78Y	T # 427	Female Open 50 Free	29	---	0.72
<b>Stephanie Ferrell (18) F (11)</b>					
2:04.04Y	F # 105	SW Female Open 200 IM	11	6	-0.45
	27.89 31.40 34.97 29.78				
2:05.36Y	P # 105	SW Female Open 200 IM	15	---	0.87
	28.43 32.13 34.97 29.83				
2:17.10Y	F # 203	SW Female Open 200 Breast	4	15	-0.50
	30.81 34.29 35.41 36.59				

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2:19.86Y	P # 203	SW Female Open 200 Breast 31.54 35.03 36.10 37.19	MYM-NJ 8	---	2.26
4:26.13Y	F # 301	SW Female Open 400 IM 28.58 32.15 33.46 33.31 37.51 37.92	MYM-NJ 19	---	1.01
4:28.74Y	P # 301	SW Female Open 400 IM 29.08 32.59 34.29 33.78 37.87 38.24	MYM-NJ 17	---	3.62
1:03.57Y	F # 405	SW Female Open 100 Breast 30.29 33.28	MYM-NJ 9	9	-0.27
1:04.63Y	P # 405	SW Female Open 100 Breast 30.78 33.85	MYM-NJ 10	---	0.79
<b>Olivia Graham (17) F</b>					
25.67Y	P # 107	SW Female Open 50 Free	MYM-NJ 229	---	0.59
1:07.15Y	T # 121	SW Female Open 100 Back 32.34 34.81	MYM-NJ 71	---	1.64
2:02.55Y	T # 225	SW Female Open 200 Free 27.69 30.66 31.61 32.59	MYM-NJ 84	---	2.53
55.39Y	P # 303	SW Female Open 100 Free 26.78 28.61	MYM-NJ 197	---	1.02
55.79Y	T # 323	SW Female Open 100 Free 26.89 28.90	MYM-NJ 89	---	1.42
25.75Y	T # 427	Female Open 50 Free	MYM-NJ 26	---	0.67
<b>Dennis Hall-App (17) M (11)</b>					
56.48Y	P # 102	SW Male Open 100 Back 26.93 29.55	MYM-NJ 164	---	1.09
1:49.23Y	P # 206	SW Male Open 200 Free 24.64 26.76 28.47 29.36	MYM-NJ 120	---	2.87
56.58Y	T # 222	SW Male Open 100 Fly 26.52 30.06	MYM-NJ 80	---	0.35
2:01.02Y	P # 306	SW Male Open 200 Back 28.04 29.47 31.25 32.26	MYM-NJ 101	---	3.39
50.48Y	T # 324	SW Male Open 100 Free 24.07 26.41	MYM-NJ 86	---	1.17
23.38Y	T # 328	SW Male Open 50 Free	MYM-NJ 66	---	0.44
1:09.96Y	T # 424	SW Male Open 100 Breast 33.15 36.81	MYM-NJ 74	---	1.15
<b>James Lovey (16) M</b>					
55.61Y	T # 222	SW Male Open 100 Fly 26.19 29.42	MYM-NJ 52	---	0.80
4:20.79Y	P # 302	SW Male Open 400 IM 26.72 30.09 33.74 33.36 39.61 39.58	MYM-NJ 98	---	2.30
49.83Y	T # 324	SW Male Open 100 Free 24.18 25.65	MYM-NJ 55	---	-0.17
1:06.18Y	T # 424	SW Male Open 100 Breast 31.23 34.95	MYM-NJ 59	---	-3.35

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<b>Sarah Melnik (17) F (11)</b>					
2:36.23Y	T # 223	SW Female Open 200 Breast	43	---	4.68
	35.12 39.31 40.79 41.01				
28.66Y	T # 327	SW Female Open 50 Free	119	---	0.39
1:11.64Y	P # 405	SW Female Open 100 Breast	155	---	2.64
	34.04 37.60				
1:11.39Y	T # 423	SW Female Open 100 Breast	56	---	2.39
	33.87 37.52				
<b>Nora O'Leary (15) F</b>					
2:22.67Y	T # 125	SW Female Open 200 IM	63	---	3.08
	34.00 35.89 39.73 33.05				
2:30.89Y	P # 203	SW Female Open 200 Breast	94	---	2.41
	34.38 38.07 38.64 39.80				
4:57.01Y	T # 321	SW Female Open 400 IM	42	---	-0.58
	33.04 39.15 38.91 37.60 39.39 41.43 34.18 33.31				
1:11.83Y	T # 423	SW Female Open 100 Breast	62	---	1.99
	34.23 37.60				
<b>Joshua Park (18) M (11)</b>					
2:08.97Y	T # 126	SW Male Open 200 IM	58	---	-2.20
	28.28 33.04 37.71 29.94				
2:17.43Y	P # 204	SW Male Open 200 Breast	127	---	0.14
	30.01 34.10 35.78 37.54				
52.85Y	T # 324	SW Male Open 100 Free	140	---	-0.78
	25.26 27.59				
1:04.35Y	T # 424	SW Male Open 100 Breast	39	---	0.74
	30.31 34.04				
<b>Jackson Salter (17) M</b>					
2:15.11Y	P # 204	SW Male Open 200 Breast	102	---	2.35
	30.94 32.70 34.68 36.79				
54.37Y	T # 222	SW Male Open 100 Fly	26	---	0.16
	25.50 28.87				
4:18.06Y	T # 322	SW Male Open 400 IM	7	---	-1.84
	27.58 30.11 32.69 32.96 37.44 36.12 31.12 30.04				
1:59.09Y	P # 404	SW Male Open 200 Fly	78	---	0.19
	25.71 30.25 30.41 32.72				
1:03.50Y	T # 424	SW Male Open 100 Breast	28	---	0.54
	30.17 33.33				
<b>Liam Tully (18) M (11)</b>					
2:06.10Y	T # 126	SW Male Open 200 IM	46	---	-3.34
	29.28 31.83 35.30 29.69				
2:12.13Y	P # 204	SW Male Open 200 Breast	74	---	0.23
	29.46 32.50 34.57 35.60				
28.87Y	T # 330	SW Male Open 50 Breast	3	---	-0.43
1:01.88Y	P # 406	SW Male Open 100 Breast	128	---	-0.01
	29.22 32.66				
24.86Y	T # 428	Male Open 50 Free	46	---	-0.18

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<b>Kristoffel VanWinden (16) M</b>					
57.23Y	T # 122	SW Male Open 100 Back 28.37 28.86	MYM-NJ 25	---	0.74
1:50.49Y	T # 226	SW Male Open 200 Free 25.18 27.99 28.81 28.51	MYM-NJ 56	---	-4.91
2:00.15Y	P # 306	SW Male Open 200 Back 28.61 29.75 31.04 30.75	MYM-NJ 95	---	1.69
1:50.40Y	F # 308	SW 800 Free Relay Lead Off 25.50 28.02 28.80	MYM-NJ ---	---	-5.00
51.83Y	T # 324	SW Male Open 100 Free 25.01 26.82	MYM-NJ 128	---	0.24
23.94Y	T # 428	Male Open 50 Free	MYM-NJ 43	---	-0.55
<b>Tommy Wolinski (17) M (12)</b>					
4:45.11Y	P # 104	SW Male Open 500 Free 25.13 27.68 28.67 28.55 29.04 28.96 29.44 30.03 30.08 27.53	MYM-NJ 72	---	-0.90
2:00.19Y	T # 126	SW Male Open 200 IM 26.73 30.46 36.34 26.66	MYM-NJ 10	---	-0.23
1:43.30Y	P # 206	SW Male Open 200 Free 23.64 25.85 26.80 27.01	MYM-NJ 36	---	-2.05
47.44Y	P # 304	SW Male Open 100 Free 23.03 24.41	MYM-NJ 36	---	-1.43
22.10Y	T # 328	SW Male Open 50 Free	MYM-NJ 5	---	-0.53
1:03.11Y	T # 424	SW Male Open 100 Breast 30.09 33.02	MYM-NJ 17	---	-2.79