

**Montclair YMCA**  
**JPSIEGELNJ@AOL.COM**

**Individual Meet Results**

Time	P/F/S	Event	
<b>Logan Amodio (16) M</b> <span style="float: right;"><b>MYM-NJ</b></span>			
34.01L	P 0.26	50 Breast	7/25/2011 2011 YMCA National Long Course Championship
1:12.90L	T -2.86	100 Breast	7/25/2011 2011 YMCA National Long Course Championship
	34.17 (34.17)	1:12.90 (38.73)	
2:42.92L	P -3.95	200 Breast	7/25/2011 2011 YMCA National Long Course Championship
	1:16.57 (1:16.57)	2:42.92 (1:26.35)	
1:04.75L	T -1.28	100 Fly	7/25/2011 2011 YMCA National Long Course Championship
	30.24 (30.24)	1:04.75 (34.51)	
<b>Kyle Burnett (17) M</b> <span style="float: right;"><b>MYM-NJ</b></span>			
27.06L L	P -0.70	200 Free Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship
59.38L	P 0.97	100 Free	7/25/2011 2011 YMCA National Long Course Championship
2:07.92L	T -2.27	200 Free	7/25/2011 2011 YMCA National Long Course Championship
	29.33 (29.33)	1:01.96 (32.63)	1:35.41 (33.45)
			2:07.92 (32.51)
2:28.86L	T -0.27	200 Back	7/25/2011 2011 YMCA National Long Course Championship
	34.70 (34.70)	1:12.18 (37.48)	1:50.86 (38.68)
			2:28.86 (38.00)
<b>Nitay Caspi (15) M</b> <span style="float: right;"><b>MYM-NJ</b></span>			
27.04L	T -1.14	50 Free	7/25/2011 2011 YMCA National Long Course Championship
57.39L	P -2.18	100 Free	7/25/2011 2011 YMCA National Long Course Championship
33.40L	P -0.81	50 Breast	7/25/2011 2011 YMCA National Long Course Championship
1:12.33L	P -2.67	100 Breast	7/25/2011 2011 YMCA National Long Course Championship
2:39.03L	P -5.27	200 Breast	7/25/2011 2011 YMCA National Long Course Championship
	1:15.00 (1:15.00)	2:39.03 (1:24.03)	
<b>John Chow (16) M</b> <span style="float: right;"><b>MYM-NJ</b></span>			
32.04L	P -0.25	50 Back	7/25/2011 2011 YMCA National Long Course Championship
32.06L L	P -0.23	200 Medley Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship
1:07.90L L	P -0.07	400 Medley Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship
1:08.29L	T 0.32	100 Back	7/25/2011 2011 YMCA National Long Course Championship
	33.37 (33.37)	1:08.29 (34.92)	
2:24.36L	P 0.15	200 Back	7/25/2011 2011 YMCA National Long Course Championship
	1:11.21 (1:11.21)	2:24.36 (1:13.15)	
34.15L	P -1.11	50 Breast	7/25/2011 2011 YMCA National Long Course Championship
1:15.72L	T -0.13	100 Breast	7/25/2011 2011 YMCA National Long Course Championship
	36.11 (36.11)	1:15.72 (39.61)	
2:46.05L	P 1.12	200 Breast	7/25/2011 2011 YMCA National Long Course Championship
	1:16.69 (1:16.69)	2:46.05 (1:29.36)	
<b>Katie Cullinan (16) F</b> <span style="float: right;"><b>MYM-NJ</b></span>			
29.29L	P 0.01	50 Free	7/25/2011 2011 YMCA National Long Course Championship
1:02.95L L	P -1.36	400 Free Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship

**Montclair YMCA**  
**JPSIEGELNJ@AOL.COM**

**Individual Meet Results**

Time	P/F/S	Event	
<b>Katie Cullinan (16) F</b> <span style="float: right;"><b>MYM-NJ</b></span>			
1:09.37L	T -1.12	100 Fly	7/25/2011 2011 YMCA National Long Course Championship
	31.67 (31.67)	1:09.37 (37.70)	
2:34.46L	T -2.33	200 IM	7/25/2011 2011 YMCA National Long Course Championship
	31.49 (31.49)	1:10.62 (39.13)	1:58.09 (47.47)
			2:34.46 (36.37)
<b>Kristin Cullinan (14) F</b> <span style="float: right;"><b>MYM-NJ</b></span>			
32.20L	P -0.96	50 Fly	7/25/2011 2011 YMCA National Long Course Championship
1:11.76L	P 1.78	100 Fly	7/25/2011 2011 YMCA National Long Course Championship
2:42.95L	T 1.96	200 Fly	7/25/2011 2011 YMCA National Long Course Championship
	35.27 (35.27)	1:15.84 (40.57)	1:58.35 (42.51)
			2:42.95 (44.60)
2:44.21L	T -3.98	200 IM	7/25/2011 2011 YMCA National Long Course Championship
	34.00 (34.00)	1:16.28 (42.28)	2:06.32 (50.04)
			2:44.21 (37.89)
<b>Olivia Graham (17) F</b> <span style="float: right;"><b>MYM-NJ</b></span>			
28.91L	P -0.51	50 Free	7/25/2011 2011 YMCA National Long Course Championship
29.07L L	P -0.35	200 Free Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship
1:03.07L	P -0.76	100 Free	7/25/2011 2011 YMCA National Long Course Championship
2:18.16L	T -7.75	200 Free	7/25/2011 2011 YMCA National Long Course Championship
	30.96 (30.96)	1:05.77 (34.81)	1:42.26 (36.49)
			2:18.16 (35.90)
1:17.17L	T -1.83	100 Back	7/25/2011 2011 YMCA National Long Course Championship
	37.15 (37.15)	1:17.17 (40.02)	
<b>James Lovey (17) M</b> <span style="float: right;"><b>MYM-NJ</b></span>			
NS	T	50 Free	7/25/2011 2011 YMCA National Long Course Championship
57.45L	P 0.59	100 Free	7/25/2011 2011 YMCA National Long Course Championship
2:05.89L L	F -2.25	800 Free Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship
	28.49 (28.49)	59.95 (31.46)	1:33.09 (33.14)
1:02.93L	T -1.46	100 Fly	7/25/2011 2011 YMCA National Long Course Championship
	29.40 (29.40)	1:02.93 (33.53)	
5:13.54L	P	400 IM	7/25/2011 2011 YMCA National Long Course Championship
	1:04.37 (1:04.37)	2:26.31 (1:21.94)	4:02.47 (1:36.16)
			5:13.54 (1:11.07)
<b>Maura Mullaney (15) F</b> <span style="float: right;"><b>MYM-NJ</b></span>			
31.19L	T -0.14	50 Free	7/25/2011 2011 YMCA National Long Course Championship
34.90L L	P -1.26	200 Medley Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship
1:15.36L	T 0.22	100 Back	7/25/2011 2011 YMCA National Long Course Championship
	35.77 (35.77)	1:15.36 (39.59)	
1:17.28L L	P 2.14	400 Medley Relay Lead Off	7/25/2011 2011 YMCA National Long Course Championship
32.06L	P -0.75	50 Fly	7/25/2011 2011 YMCA National Long Course Championship
1:12.15L	P 2.43	100 Fly	7/25/2011 2011 YMCA National Long Course Championship
2:38.38L	P 1.67	200 Fly	7/25/2011 2011 YMCA National Long Course Championship
	1:14.26 (1:14.26)	2:38.38 (1:24.12)	

**Montclair YMCA**  
**JPSIEGELNJ@AOL.COM**

**Individual Meet Results**

Time	P/F/S	Event							
<b>Samantha Regan (17) F</b>									
<b>MYM-NJ</b>									
2:21.02L	T 3.51	200 Free			7/25/2011	2011	YMCA National Long Course Championship		
	31.59	1:06.50	1:43.68	2:21.02					
	(31.59)	(34.91)	(37.18)	(37.34)					
38.90L	P -2.99	50 Breast			7/25/2011	2011	YMCA National Long Course Championship		
2:55.25L	P -2.55	200 Breast			7/25/2011	2011	YMCA National Long Course Championship		
	1:22.63	2:55.25							
	(1:22.63)	(1:32.62)							
2:36.46L	T -0.11	200 IM			7/25/2011	2011	YMCA National Long Course Championship		
	34.43	1:15.50	1:59.86	2:36.46					
	(34.43)	(41.07)	(44.36)	(36.60)					
<b>Liam Tully (18) M (Yr: 11)</b>									
<b>MYM-NJ</b>									
2:16.51L	T -1.05	200 Free			7/25/2011	2011	YMCA National Long Course Championship		
	30.31	1:04.04	1:39.91	2:16.51					
	(30.31)	(33.73)	(35.87)	(36.60)					
33.59L	P -0.69	50 Breast			7/25/2011	2011	YMCA National Long Course Championship		
1:13.07L	P -1.23	100 Breast			7/25/2011	2011	YMCA National Long Course Championship		
2:35.75L	P -5.87	200 Breast			7/25/2011	2011	YMCA National Long Course Championship		
	1:13.85	2:35.75							
	(1:13.85)	(1:21.90)							
2:28.28L	T -4.48	200 IM			7/25/2011	2011	YMCA National Long Course Championship		
	34.75	1:12.79	1:53.58	2:28.28					
	(34.75)	(38.04)	(40.79)	(34.70)					
<b>Tommy Wolinski (17) M (Yr: 12)</b>									
<b>MYM-NJ</b>									
25.10L	F -0.90	50 Free			7/25/2011	2011	YMCA National Long Course Championship		
25.21L	P -0.79	50 Free			7/25/2011	2011	YMCA National Long Course Championship		
53.79L	P -1.47	100 Free			7/25/2011	2011	YMCA National Long Course Championship		
	53.79								
	(53.79)								
54.01L	F -1.25	100 Free			7/25/2011	2011	YMCA National Long Course Championship		
	25.89	54.01							
	(25.89)	(28.12)							
54.78L	P -0.48	400 Free Relay Lead Off			7/25/2011	2011	YMCA National Long Course Championship		
1:58.88L	P -1.70	200 Free			7/25/2011	2011	YMCA National Long Course Championship		
	57.01	1:58.88							
	(57.01)	(1:01.87)							
1:59.50L	F -1.08	200 Free			7/25/2011	2011	YMCA National Long Course Championship		
	27.02	56.89	1:28.60	1:59.50					
	(27.02)	(29.87)	(31.71)	(30.90)					
4:16.38L	P -1.09	400 Free			7/25/2011	2011	YMCA National Long Course Championship		
	57.66	2:03.10	3:10.33	4:16.38					
	(57.66)	(1:05.44)	(1:07.23)	(1:06.05)					
4:17.05L	F -0.42	400 Free			7/25/2011	2011	YMCA National Long Course Championship		
	27.92	59.70	1:32.24	2:05.67	2:39.19	3:12.91	3:46.29	4:17.05	
	(27.92)	(31.78)	(32.54)	(33.43)	(33.52)	(33.72)	(33.38)	(30.76)	
<b>Lindsey Wu (15) F</b>									
<b>MYM-NJ</b>									
38.87L	P 0.69	50 Breast			7/25/2011	2011	YMCA National Long Course Championship		
1:23.80L	T 1.89	100 Breast			7/25/2011	2011	YMCA National Long Course Championship		
	39.51	1:23.80							
	(39.51)	(44.29)							

**Montclair YMCA**  
**JPSIEGELNJ@AOL.COM**

---

**Individual Meet Results**

Time	P/F/S	Event	
<b>Lindsey Wu (15) F</b>			<b>MYM-NJ</b>
2:57.69L	P 4.09	200 Breast	7/25/2011 2011 YMCA National Long Course Championship
	1:24.24 2:57.69		
	(1:24.24) (1:33.45)		
2:44.43L	T -2.19	200 IM	7/25/2011 2011 YMCA National Long Course Championship
	36.92 1:20.03 2:06.15 2:44.43		
	(36.92) (43.11) (46.12) (38.28)		
<b>Jeremy Zak (17) M</b>			<b>MYM-NJ</b>
2:10.76L	T -8.67	200 Free	7/25/2011 2011 YMCA National Long Course Championship
	29.12 1:01.60 1:36.15 2:10.76		
	(29.12) (32.48) (34.55) (34.61)		
35.10L	P -2.59	50 Breast	7/25/2011 2011 YMCA National Long Course Championship
2:44.47L	P -2.15	200 Breast	7/25/2011 2011 YMCA National Long Course Championship
	1:17.76 2:44.47		
	(1:17.76) (1:26.71)		
2:24.48L	T -4.58	200 IM	7/25/2011 2011 YMCA National Long Course Championship
	30.29 1:08.22 1:51.14 2:24.48		
	(30.29) (37.93) (42.92) (33.34)		