

NEW JERSEY SWIMMING

2011 – 2012 GOLD/SILVER/BRONZE TIME STANDARDS

10 & Under Short Course Yards

10 & UNDER GIRLS			10 & UNDER BOYS			
NJS GOLD	NJS SILVER	NJS BRONZE	EVENT	NJS GOLD	NJS SILVER	NJS BRONZE
31.49	:36.19	:36.20+	50 yd. Freestyle	30.99	:36.19	:36.20+
1:10.69	1:22.09	1:22.10+	100 yd. Freestyle	1:10.09	1:22.09	1:22.10+
2:37.99	2:58.29	2:58.30+	200 yd. Freestyle	2:36.79	2:58.29	2:58.30+
7:07.89	7:39.49	7:39.50+	500 yd. Freestyle	7:08.89	7:39.49	7:39.50+
37.39	:43.89	:43.90+	50 yd. Backstroke	37.59	:43.89	:43.90+
1:20.59	1:36.19	1:36.20+	100 yd. Backstroke	1:21.69	1:36.19	1:36.20+
42.59	:48.19	:48.20+	50 yd. Breaststroke	43.19	:48.19	:48.20+
1:32.89	1:48.99	1:49.00+	100 yd. Breaststroke	1:35.49	1:48.99	1:49.00+
36.29	:42.99	:43.00+	50 yd. Butterfly	36.79	:42.99	:43.00+
1:26.89	1:42.09	1:42.10+	100 yd. Butterfly	1:26.89	1:42.09	1:42.10+
1:20.29	1:34.39	1:34.40+	100 yd. Ind. Medley	1:20.39	1:34.39	1:34.40+
2:58.19	3:19.39	3:19.40+	200 yd. Ind. Medley	2:58.99	3:19.39	3:19.40+

Bronze Times are all times slower than Silver Times!

New Times in Bold and Shaded Yellow!

11-12 Short Course Yards

11-12 GIRLS			11-12 BOYS			
NJS GOLD	NJS SILVER	NJS BRONZE	EVENT	NJS GOLD	NJS SILVER	NJS BRONZE
27.89	:31.39	:31.40+	50 yd. Freestyle	27.79	:31.39	:31.40+
1:01.09	1:08.29	1:08.30+	100 yd. Freestyle	1:00.89	1:08.29	1:08.30+
2:13.49	2:31.79	2:31.80+	200 yd. Freestyle	2:13.59	2:31.79	2:31.80+
6:00.29	6:40.99	6:41.00+	500 yd. Freestyle	6:03.29	6:40.99	6:41.00+
13:00.49	13:45.49	13:45.50+	1000 yd. Freestyle	13:00.49	13:45.49	13:45.50+
21:21.49	22:21.49	22:21.50+	1650 yd. Freestyle	21:21.49	22:21.49	22:21.50+
32.39	:37.09	:37.10+	50 yd. Backstroke	32.79	:37.09	:37.10+
1:09.89	1:21.89	1:21.90+	100 yd. Backstroke	1:10.79	1:21.89	1:21.90+
2:32.69	2:53.99	2:54.00+	200 yd. Backstroke	2:34.99	2:53.99	2:54.00+
36.79	:41.99	:42.00+	50 yd. Breaststroke	37.09	:41.99	:42.00+
1:20.29	1:29.89	1:29.90+	100 yd. Breaststroke	1:21.09	1:29.89	1:29.90+
2:53.19	3:17.99	3:18.00+	200 yd. Breaststroke	2:57.69	3:17.99	3:18.00+
30.89	:35.49	:35.50+	50 yd. Butterfly	31.69	:35.49	:35.50+
1:10.59	1:21.99	1:22.00+	100 yd. Butterfly	1:12.49	1:21.99	1:22.00+
2:46.99	2:59.99	3:00.00+	200 yd. Butterfly	2:46.99	2:59.99	3:00.00+
1:09.99	1:20.29	1:20.30+	100 yd. Ind. Medley	1:09.99	1:20.29	1:20.30+
2:30.89	2:51.79	2:51.80+	200 yd. Ind. Medley	2:32.69	2:51.79	2:51.80+
5:35.89	6:06.19	6:06.20+	400 yd. Ind. Medley	5:39.89	6:06.19	6:06.20+

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13-14 Short Course Yards

13-14 GIRLS			13-14 BOYS			
NJS GOLD	NJS SILVER	NJS BRONZE	EVENT	NJS GOLD	NJS SILVER	NJS BRONZE
26.29	:28.99	:29.00+	50 yd. Freestyle	24.19	:27.99	:28.00+
57.09	1:02.89	1:02.90+	100 yd. Freestyle	53.29	1:01.49	1:01.50+
2:04.59	2:16.79	2:16.80+	200 yd. Freestyle	1:58.39	2:14.89	2:14.90+
5:35.59	6:04.99	6:05.00+	500 yd. Freestyle	5:22.19	6:03.19	6:03.20+
11:37.29	12:22.29	12:22.30+	1000 yd. Freestyle	11:14.49	11:59.49	11:59.50+
19:21.69	20:21.69	20:21.70+	1650 yd. Freestyle	18:50.29	19:50.29	19:50.30+
1:05.29	1:13.59	1:13.60+	100 yd. Backstroke	1:02.89	1:11.59	1:11.60+
2:19.89	2:39.39	2:39.40+	200 yd. Backstroke	2:15.89	2:35.69	2:35.70+
1:14.89	1:22.49	1:22.50+	100 yd. Breaststroke	1:10.39	1:20.39	1:20.40+
2:43.69	2:59.89	2:59.90+	200 yd. Breaststroke	2:35.99	2:55.89	2:55.90+
1:04.79	1:13.79	1:13.80+	100 yd. Butterfly	1:01.59	1:10.99	1:11.00+
2:27.79	2:43.99	2:44.00+	200 yd. Butterfly	2:22.69	2:40.59	2:40.60+
2:22.49	2:36.89	2:36.90+	200 yd. Ind. Medley	2:14.19	2:34.49	2:34.50+
5:04.09	5:39.69	5:39.70+	400 yd. Ind. Medley	4:53.09	5:34.29	5:34.30+

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15-19 Short Course Yards

15-19 GIRLS			15-19 BOYS			
NJS GOLD	NJS SILVER	NJS BRONZE	EVENT	NJS GOLD	NJS SILVER	NJS BRONZE
25.39	:28.19	:28.20+	50 yd. Freestyle	22.89	:25.39	:25.40+
54:79	1:01.09	1:01.10+	100 yd. Freestyle	49.19	:55.39	:55.40+
1:57.99	2:11.49	2:11.50+	200 yd. Freestyle	1:49.29	2:01.79	2:01.80+
5:18.69	5:52.19	5:52.20+	500 yd. Freestyle	4:58.59	5:31.69	5:31.70+
11:12.09	12:11.09	12:11.10+	1000 yd. Freestyle	10:27.29	11:29.19	11:29.20+
18:45.59	20:08.99	20:09.00+	1650 yd. Freestyle	18:00.99	19:00.99	19:01.00+
1:02.39	1:10.19	1:10.20+	100 yd. Backstroke	56.79	1:05.19	1:05.20+
2:14.99	2:30.99	2:31.00+	200 yd. Backstroke	2:05.19	2:23.69	2:23.70+
1:11.29	1:19.39	1:19.40+	100 yd. Breaststroke	1:04.99	1:14.99	1:15.00+
2:34.79	2:52.69	2:52.70+	200 yd. Breaststroke	2:23.09	2:42.59	2:42.60+
1:00.59	1:09.89	1:09.90+	100 yd. Butterfly	55.19	1:05.59	1:05.60+
2:17.39	2:38.79	2:38.80+	200 yd. Butterfly	2:07.69	2:25.59	2:25.60+
2:15.59	2:30.29	2:30.30+	200 yd. Ind. Medley	2:04.59	2:20.29	2:20.30+
4:50.09	5:28.99	5:29.00+	400 yd. Ind. Medley	4:31.19	5:13.19	5:13.20+

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