

2008 SUNKISSED INVITATIONAL JR-SR SWIMMING CHAMPIONSHIPS OF THE USA

**CHARLOTTE, NC
APRIL 3 - 6, 2008**

Sanction:

Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc., Sanction # to be determined. [Time Trial Sanction # to be determined.](#)

Sponsors:

Charlotte Swim Association Inc. (d.b.a. Team Charlotte Swimming), & the Mecklenburg County Aquatic Center.

Site Info:

Mecklenburg County Aquatic Center, 800 Martin Luther King Jr. Blvd. The competition pool is a 50 meter pool divided by 2 bulk heads for use of 2 - 8 lane 25 yd. pools with non turbulent lane lines and Paragon starting blocks. Minimum depth is 6 ft. at scoreboard end of pool and 13 ft. at the deep end. There is seating for 1000 people with ample parking areas within 100 yds. of the facility. Colorado electronic timing system with scoreboard will be used.

Rules:

The meet will be conducted in accordance with the current USA Swimming Code and the North Carolina Swimming Official Handbook and North Carolina Swimming Safety Program, except where rules therein are optional and exceptions are herein stated. The meet will also be governed by the "2008 Sun Kissed Invitational Junior-Senior Swimming Championships of the USA, Rules and Regulations", copy attached.

Classifications:

Junior Girls, Junior Boys, Senior Girls, Senior Boys

Time Trials:

Time Trials will be conducted for swimmer's entered in the meet with a proven individual time. Relay only swimmers will not be permitted to swim in Time Trials. These Time Trials will be held under a separate sanction number issued by the NC LSC.

- A. Time Trials will be conducted ONLY on Thursday, April 3, 2008 using the LCM format.
- B. Warm-ups will begin at 11:00 AM, with Time Trials commencing at 12:00 Noon.
- C. Swimmers will be limited to two (2) Time Trial events.
- D. Time Trial events swum will count towards your DAILY event count, but not towards the meet total.
- E. A swimmer must be entered in the meet with a proven individual time to participate in the Time Trials.
- F. Time Trials will be offered in 50, 100, and 200 meter events only.
- G. Time Trials will be swum in the order listed within the meet program.
- H. Entry fees for Time Trials will be as established in the meet information.
- I. Time Trial results will be included with final meet results.

Eligibility:

All swimmers must be registered with USA Swimming, Inc. There is no maximum age for participation; however, all swimmers must meet the eligibility requirements and the USA Swimming Code for Amateur Athletics. To participate in the Junior Section of the meet, a swimmer must not have reached the age of 14 on the first day of the meet and must have met the time standards established. To participate in the Senior Section of the meet, a swimmer must have reached the age of **14** by the first day of the meet and must have met the time standards established.

Entry Limit:

There is a limit of six (6) individual events and up to four (4) relays in the 4 day period. A swimmer may swim a maximum of only three (3) individual events in one (1) day. Swimmers may swim in one division only.

Scratches:

Must be submitted and received by the Meet Director by 5:00 pm Friday, March 21, 2008 or swimmer will automatically be scratched to the first six (6) events entered. Scratches from finals must be made according to North Carolina/USA Swimming rules. The North Carolina Swimming scratch rule is in effect.

Order of Events:

See attachments. All events are preliminaries/finals format.

Format:

We will be running the preliminaries from both ends of the pool. Breaks will be taken if meet referee deems it necessary so that swimmers can give their maximum efforts.

Warm-up:

In accordance with the North Carolina Swimming Safety Program, there will be a strict warm-up procedure. It will be followed by all swimmers and coaches attending the meet. The Meet Director will establish and announce details of the warm-up procedure during the Coaches' Check-in Meeting prior to the start of Thursday session warm-ups.

Time Schedule:

Thursday (Time Trial)	Warm-up	11:00 – 11:55 AM	Swimming	12:00 PM	
Thursday	Warm-up	3:00 – 4:25 PM	Swimming	4:30 PM	
Friday:	Prelims	Warm-up	7:45 - 9:10 AM	Swimming	9:15 AM
	Finals	Warm-up	4:30 - 5:25 PM	Swimming	6:00 PM
Saturday:	Prelims	Warm-up	7:45 - 9:10 AM	Swimming	9:15 AM
	Finals	Warm-up	4:30 - 5:25 PM	Swimming	5:30 PM
Sunday:	Prelims	Warm-up	7:45 - 9:10 AM	Swimming	9:15 AM
	Finals	Warm-up will not begin before 3:00 PM			

Safety:

The North Carolina Swimming Safety Program is in effect for this meet. Coaches are **expected** to supervise their swimmers at ALL times. All teams are expected to have at least one (1) certified coach on the deck to monitor their swimmers. Each coach is responsible for monitoring his/her team's activities in this area. NO running or horseplay will be tolerated.

Coaches must present a current USA Swimming membership card to the Meet Director to receive their entry package and must display their membership card at all times that they are on deck.

Scoring:

Will be through 16 places (double the point totals for relays)
20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Awards:

INDIVIDUAL EVENTS

1 - 8 Medals
9 - 16 Ribbons

RELAYS

1 - 4 Medals
5 - 8 Ribbons

TROPHIES

Girls Team - 1st place, 2nd place, 3rd place
Boys Team - 1st place, 2nd place, 3rd place
Combined Team - 1st place, 2nd place, 3rd place
Team plaque for winner in each division
Individual high point winner in each division

PLAQUE

Best Dressed Team in Parade of Teams

Officials:

A meeting for all officials will be held 45 minutes prior to the start time for each session in the Hospitality Room. Application as an Officials Qualifying Meet (OQM) [N2 All positions/N3-S&T] has been made to USA Swimming. Officials wishing to be evaluated, please submit a completed evaluation request form (attached) to the Meet Referee, Gene Ashcraft, @ gene4tcs@aol.com. Evaluation requirements are found at [USA Swimming](#).

Coaches' Meeting:

There will be a Coaches Meeting at 2:30 on Thursday, April 3, 2008, in the Hospitality Room. Meet format and warm-up procedures will be discussed, and the protest committee members will be chosen.

Meet Referee:

Gene Ashcraft

Meet Marshals:

Brook Turner

Hospitality:

A Hospitality Room will be open to coaches and officials.

Concessions:

Food and drink will be available.

Coaches/Parents:

NO COOLERS WILL BE ALLOWED IN THE POOL AREA. NO GLASS. No spectators are allowed on the patio side of the pool.

Shirts:

Team Charlotte Swimming will be providing shirts through Fine Designs, Inc.

Liability Release:

USA Swimming, Inc., North Carolina Swimming Inc., Charlotte Swim Association (d.b.a. Team Charlotte Swimming), Mecklenburg County Aquatic Center, and Mecklenburg County Parks and Recreation shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Volunteers:

Each team is required to send volunteers to help with the running of the meet. Teams must provide 1 volunteer per session for each 10 swimmers entered. Teams with less than 10 competitors will be required to provide one (1) volunteer per session; 11-20 competitors, two (2) volunteers per session; 21-30 competitors, three (3) volunteers per session; and so on. All volunteers will be assigned as needed by the Meet Director. Any club with certified officials that are interested in working this meet should contact the Meet Director. It is anticipated that most volunteers (other than certified officials) will be utilized as timers.

2008 SUNKISSED INVITATIONAL JUNIOR-SENIOR CHAMPIONSHIPS

THURSDAY, APRIL 3, 2008

WARM-UP 3:00 PM - START 4:30 PM

All individual events are timed finals. All relays are timed-finals.

PRELIMINARY EVENTS DAY ONE

NUMBER	EVENT	QUALIFYING TIME
1	Senior Girls 1000 Yard Freestyle	12:26.0
2	Senior Boys 1000 Yard Freestyle	11:59.0
3	Junior Girls 500 Yard Freestyle	6:25.0
4	Junior Boys 500 Yard Freestyle	6:32.0
5	Senior Girls 200 Yard Medley Relay	NT
6	Senior Boys 200 Yard Medley Relay	NT
7	Junior Girls 200 Yard Medley Relay	NT
8	Junior Boys 200 Yard Medley Relay	NT

AWARDS PRESENTATION

2008 SUNKISSED INVITATIONAL JUNIOR-SENIOR CHAMPIONSHIPS

FRIDAY, APRIL 4, 2008

PRELIMINARIES WARM-UP 7:45 AM - START 9:15 AM
FINALS WARM-UP 4:30 PM - START 6:00 PM
(OPENING CEREMONIES WITH PARADE OF TEAMS 5:30 PM)
All individual events are prelim/finals. All relays are timed-finals.

PRELIMINARY EVENTS DAY TWO

NUMBER	EVENT	QUALIFYING TIME
9	Junior Girls 200 Yard Backstroke	2:34.20
10	Junior Boys 200 Yard Backstroke	2:38.40
11	Senior Girls 100 Yard Breaststroke	1:20.00
12	Senior Boys 100 Yard Breaststroke	1:16.00
13	Junior Girls 100 Yard Breaststroke	1:23.00
14	Junior Boys 100 Yard Breaststroke	1:24.00
15	Senior Girls 200 Yard Freestyle	2:13.20
16	Senior Boys 200 Yard Freestyle	2:07.50
17	Junior Girls 200 Yard Freestyle	2:20.20
18	Junior Boys 200 Yard Freestyle	2:22.20
19	Senior Girls 100 Yard Butterfly	1:08.50
20	Senior Boys 100 Yard Butterfly	1:05.50
21	Junior Girls 100 Yard Butterfly	1:17.00
22	Junior Boys 100 Yard Butterfly	1:18.00
23	Senior Girls 200 Yard Individual Medley	2:30.00
24	Senior Boys 200 Yard Individual Medley	2:28.00
25	Junior Girls 400 Yard Medley Relay	NT
26	Junior Boys 400 Yard Medley Relay	NT
27	Senior Girls 400 Yard Medley Relay	NT
28	Senior Boys 400 Yard Medley Relay	NT

FINALS PROGRAM DAY TWO CONSOLATION & FINALS — *Bonus Heat

25	One Heat	Junior Girls 400 Yard Medley Relay – Fastest 8 Seeded (Timed Finals)
26	One Heat	Junior Boys 400 Yard Medley Relay – Fastest 8 Seeded (Timed Finals)
11	*	Senior Girls 100 Yard Breaststroke
12	*	Senior Boys 100 Yard Breaststroke
13	*	Junior Girls 100 Yard Breaststroke
14	*	Junior Boys 100 Yard Breaststroke
15		Senior Girls 200 Yard Freestyle
16		Senior Boys 200 Yard Freestyle
17		Junior Girls 200 Yard Freestyle
18		Junior Boys 200 Yard Freestyle
19	*	Senior Girls 100 Yard Butterfly
20	*	Senior Boys 100 Yard Butterfly
21	*	Junior Girls 100 Yard Butterfly
22	*	Junior Boys 100 Yard Butterfly
23		Senior Girls 200 Yard Individual Medley
24		Senior Boys 200 Yard Individual Medley
9		Junior Girls 200 Yard Backstroke
10		Junior Boys 200 Yard Backstroke
27	One Heat	Senior Girls 400 Yard Medley Relay – Fastest 8 Seeded (Timed Finals)
28	One Heat	Senior Boys 400 Yard Medley Relay – Fastest 8 Seeded (Timed Finals)

There shall be a minimum of two hours between the last heat of the Preliminary session and the start of the first race in the Finals session. In the event of weather related postponements, adjustments or other unforeseen events, the Meet Director shall have the authority to act and reschedule or re-formulate the structure of the meet.

2008 SUNKISSED INVITATIONAL JUNIOR-SENIOR CHAMPIONSHIPS

SATURDAY, APRIL 5, 2008

PRELIMINARIES WARM-UP 7:45 AM - START 9:15 AM

FINALS WARM-UP 4:30 PM - START 6:00 PM

SENIOR RECOGNITION - 5:30 PM

All individual events are prelim/finals. All relays are timed-finals.

PRELIMINARY EVENTS DAY THREE

NUMBER	EVENT	QUALIFYING TIME
33	Senior Girls 50 Yard Freestyle	27.50
34	Senior Boys 50 Yard Freestyle	25.50
29	Junior Girls 200 Yard Butterfly	2:49.50
30	Junior Boys 200 Yard Butterfly	2:40.00
31	Senior Girls 500 Yard Freestyle	5:59.00
32	Senior Boys 500 Yard Freestyle	5:45.00
35	Junior Girls 50 Yard Freestyle	29.00
36	Junior Boys 50 Yard Freestyle	29.50
37	Senior Girls 200 Yard Breaststroke	2:55.50
38	Senior Boys 200 Yard Breaststroke	2:45.00
39	Junior Girls 200 Yard Individual Medley	2:38.00
40	Junior Boys 200 Yard Individual Medley	2:40.00
41	Senior Girls 200 Yard Backstroke	2:32.00
42	Senior Boys 200 Yard Backstroke	2:29.00
43	Junior Girls 400 Yard Freestyle Relay	NT
44	Junior Boys 400 Yard Freestyle Relay	NT
45	Senior Girls 400 Yard Freestyle Relay	NT
46	Senior Boys 400 Yard Freestyle Relay	NT

FINALS PROGRAM DAY THREE

CONSOLATION & FINALS — *Bonus Heat

43	One Heat	Junior Girls 400 Yard Freestyle Relay - Fastest 8 Seeded (Timed Finals)
33	*	Senior Girls 50 Yard Freestyle
34	*	Senior Boys 50 Yard Freestyle
44	One Heat	Junior Boys 400 Yard Freestyle Relay - Fastest 8 Seeded (Timed Finals)
31		Senior Girls 500 Yard Freestyle
32		Senior Boys 500 Yard Freestyle
35	*	Junior Girls 50 Yard Freestyle
36	*	Junior Boys 50 Yard Freestyle
37		Senior Girls 200 Yard Breaststroke
38		Senior Boys 200 Yard Breaststroke
39		Junior Girls 200 Yard Individual Medley
40		Junior Boys 200 Yard Individual Medley
41		Senior Girls 200 Yard Backstroke
42		Senior Boys 200 Yard Backstroke
29		Junior Girls 200 Yard Butterfly
30		Junior Boys 200 Yard Butterfly
45	One Heat	Senior Girls 400 Yard Freestyle Relay - Fastest 8 Seeded (Timed Finals)
46	One Heat	Senior Boys 400 Yard Freestyle Relay - Fastest 8 Seeded (Timed Finals)

There shall be a minimum of two hours between the last heat of the Preliminary session and the start of the first race in the Finals session. In the event of weather related postponements, adjustments or other unforeseen events, the Meet Director shall have the authority to act and reschedule or re-formulate the structure of the meet.

2008 SUNKISSED INVITATIONAL JUNIOR-SENIOR CHAMPIONSHIPS

SUNDAY APRIL 6, 2008

PRELIMINARIES WARM-UP 7:45 AM - START 9:15 AM

FINALS WARM-UP will not begin before 3:00 PM

All individual events are prelim/finals. All relays are timed-finals.

PRELIMINARY EVENTS DAY FOUR

NUMBER	EVENT	QUALIFYING TIME
47	Junior Girls 200 Yard Breaststroke	2:57.50
48	Junior Boys 200 Yard Breaststroke	2:53.60
49	Senior Girls 400 Yard Individual Medley	5:40 00
50	Senior Boys 400 Yard Individual Medley	5:24.50
51	Junior Girls 100 Yard Individual Medley	1:13.50
52	Junior Boys 100 Yard Individual Medley	1:14.50
53	Senior Girls 100 Yard Backstroke	1:10.00
54	Senior Boys 100 Yard Backstroke	1:07.50
55	Junior Girls 100 Yard Backstroke	1:15.40
56	Junior Boys 100 Yard Backstroke	1:17.00
57	Senior Girls 200 Yard Butterfly	2:47.50
58	Senior Boys 200 Yard Butterfly	2:29.00
59	Junior Girls 100 Yard Freestyle	1:03.00
60	Junior Boys 100 Yard Freestyle	1:04.00
61	Senior Girls 100 Yard Freestyle	1:00.00
62	Senior Boys 100 Yard Freestyle	55.50
63	Junior Girls 200 Yard Free Relay	NT
64	Junior Boys 200 Yard Free Relay	NT
65	Senior Girls 200 Yard Free Relay	NT
66	Senior Boys 200 Yard Free Relay	NT

FINALS PROGRAM DAY FOUR

CONSOLATION & FINALS — * Bonus Heat

63	One Heat	Junior Girls 200 Yard Free Relay - Fastest 8 Seeded (Timed Finals)
64	One Heat	Junior Boys 200 Yard Free Relay - Fastest 8 Seeded (Timed Finals)
49		Senior Girls 400 Yard Individual Medley
50		Senior Boys 400 Yard Individual Medley
51	*	Junior Girls 100 Yard Individual Medley
52	*	Junior Boys 100 Yard Individual Medley
53	*	Senior Girls 100 Yard Backstroke
54	*	Senior Boys 100 Yard Backstroke
55	*	Junior Girls 100 Yard Backstroke
56	*	Junior Boys 100 Yard Backstroke
57		Senior Girls 200 Yard Butterfly
58		Senior Boys 200 Yard Butterfly
59	*	Junior Girls 100 Yard Freestyle
60	*	Junior Boys 100 Yard Freestyle
61	*	Senior Girls 100 Yard Freestyle
62	*	Senior Boys 100 Yard Freestyle
47		Junior Girls 200 Yard Breaststroke
48		Junior Boys 200 Yard Breaststroke
65	One Heat	Senior Girls 200 Yard Free Relay - Fastest 8 Seeded (Timed Finals)
66	One Heat	Senior Boys 200 Yard Free Relay - Fastest 8 Seeded (Timed Finals)

There shall be a minimum of two hours between the last heat of the Preliminary session and the start of the first race in the Finals session. In the event of weather related postponements, adjustments or other unforeseen events, the Meet Director shall have the authority to act and reschedule or re-formulate the structure of the meet.