

2007 New Jersey YMCA Silver Championship Time Standards

Women				Men				
10/u	11/12	13/14	15/18	Event	15/18	13/14	11/12	10/u
34.89	31.19	29.69	29.69	50 free	27.99	30.29	32.19	35.89
1:20.69	1:09.69	1:05.29	1:02.69	100 free	59.29	1:05.29	1:13.29	1:23.79
3:00.09	2:44.59	2:32.29	2:23.39	200 free	2:22.29	2:30.09	2:50.09	3:02.09
42.39								
42.39	37.29			50 back			42.29	45.09
1:35.99	1:23.39	1:17.09	1:17.89	100 back	1:13.99	1:21.09	1:27.39	1:39.69
		2:50.19	2:44.99	200 back	2:38.79	2:50.99		
46.69	41.29			50 breast			46.29	49.29
1:44.29	1:32.19	1:27.59	1:30.99	100 breast	1:19.99	1:39.99	1:37.59	1:49.19
		3:10.39	2:59.59	200 breast	2:46.79	3:03.79		
42.99	36.59			50 fly			42.79	47.49
1:43.09	1:25.69	1:21.99	1:19.99	100 fly	1:17.49	1:23.99	1:32.59	1:46.09
		2:58.09	2:46.29	200 fly	2:37.59	2:55.59		
1:30.59	1:20.69			100 IM			1:28.79	1:34.29
3:20.99	2:58.09	2:49.69	2:51.09	200 IM	2:40.09	2:55.09	3:12.89	3:22.99

Updated October 2006